

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Apple Juice Oatmeal Scrambled Eggs Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Poached Egg Buttered White Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Orange Jam Hot Tea	Assorted Juice Oatmeal Scrambled Eggs LS Bacon Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Cheese Omelette Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Scrambled Eggs Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Poached Egg Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Fried Egg LS Bacon Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Scrambled Eggs Buttered White Toast Orange Jam Hot Tea
L U N C H	Tomato Soup Country Ham Casserole Diced Pears 2% Milk Hot Tea ----- Egg Salad Sandwich Coffee	Cream of Broccoli soup Homemade Baked Beans Weiners Brown Bread Chocolate Chip Cookies 2% Milk Hot Tea ----- Cheddar Cheese Fruit Salad Plate Coffee	Vegetable Soup Cold Meat Homemade Roll Three Bean Salad Chilled Diced Peaches 2% Milk Hot Tea ----- Ham & Cheese Sandwich Coffee	Chicken Rice Soup Corned Beef Hash Cheesecake 2% Milk Hot Tea ----- Sliced Turkey Sandwich Sweet Pickle Coffee	Golden Autumn Soup Pork Sausage Patty Pancakes Fruit Cocktail 2% Milk Hot Tea ----- Tuna Salad Sandwich Coffee	Clam Chowder Assorted Sandwich Lemon Square 2% Milk Hot Tea ----- Tomato Soup Western Omelette Coffee	Beef vegetable soup Chicken Burger with Gravy Seasoned Green Peas Vanilla Ice Cream Cup 2% Milk Hot Tea ----- Egg Salad Sandwich Coffee
D I N N E R	Octoberfest Sausage Mashed Potatoes Diced Carrots Sauerkraut Chocolate Pudding 2% Milk Hot Tea ----- Roast Beef Coffee	Chicken with Mushroom Sauce Mashed Potatoes Green Beans Starburst Cake 2% Milk Hot Tea ----- Pork Sausage Patty Coffee	Poached Salmon Dill Sauce Mashed Potatoes Sliced Beets Vanilla Tart 2% Milk Hot Tea ----- Baked Beef Patty Coffee	Sirloin Tips Mashed Potatoes Prince Edward Vegetables Rice Krispie Square 2% Milk Hot Tea ----- Herb Baked Chicken Breast Coffee	Pan Fried Haddock Mashed Potatoes Italian Mix Vegetables Blueberry Pie 2% Milk Hot Tea ----- Chicken Pot Pie Coffee	Chicken Stew Cranberry Sauce Dumplings Boiled Potatoes Carrots, Turnip, Parsnip Assorted Gelatin and Cream 2% Milk Hot Tea ----- Italian Meatballs Coffee	Roast Beef Bread and Butter Pickle Mashed Potatoes Baby Carrots Strawberry Shortcake 2% Milk Hot Tea ----- Grilled Ham Coffee

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Scrambled Eggs	Poached Egg	Scrambled Eggs	Cheese Omelette	Scrambled Eggs	Poached Egg	Fried Egg
	Buttered Wheat Toast	Buttered White Toast	LS Bacon	Buttered Wheat Toast	Buttered Wheat Toast	Buttered Wheat Toast	LS Bacon
	Strawberry Jam	Strawberry Jam	Buttered Wheat Toast	Strawberry Jam	Strawberry Jam	Strawberry Jam	Buttered Wheat Toast
	2% Milk	2% Milk	Strawberry Jam	2% Milk	2% Milk	2% Milk	Strawberry Jam
	Coffee	Coffee	2% Milk	Coffee	Coffee	Coffee	2% Milk
	-----	-----	Coffee	-----	-----	-----	Coffee
	Assorted Cold Cereal	Assorted Cold Cereal	-----	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	-----
	Cream of Wheat	Cream of Wheat	Assorted Cold Cereal	Cream of Wheat	Cream of Wheat	Cream of Wheat	Assorted Cold Cereal
Hard Boiled Egg	Hard Boiled Egg	Cream of Wheat	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Cream of Wheat	
Buttered White Toast	Orange Jam	Hard Boiled Egg	Buttered White Toast	Buttered White Toast	Buttered White Toast	Scrambled Eggs	
Orange Jam	Hot Tea	Buttered White Toast	Orange Jam	Orange Jam	Orange Jam	Buttered White Toast	
Hot Tea		Orange Jam	Hot Tea	Hot Tea	Hot Tea	Orange Jam	
		Hot Tea				Hot Tea	
L U N C H	Chicken Rice Soup	Fish Chowder	Minestrone Soup	Vegetable Soup	Split Pea Soup	Cream of Mushroom	Beef Noodle Soup
	Ham	Assorted Sandwich	Quiche Lorraine	Chicken and Broccoli	Grilled Cheese on	Soup	Sloppy Joe
	Scalloped Potatoes	Mandarin Oranges	Chocolate Eclair	Casserole	Wheat	Hamburger Macaroni	Corn Relish
	Pumpkin Mousse	2% Milk	2% Milk	Cranberry Jelly	Peanut Butter Cookies	Casserole	Ice Cream
	2% Milk	Hot Tea	Hot Tea	Lemon Meringue	2% Milk	Diced Peaches	2% Milk
	Hot Tea	-----	-----	Pudding	Hot Tea	2% Milk	Hot Tea
	-----	Tomato Soup	Turkey Salad Sandwich	2% Milk	-----	Hot Tea	-----
	Cheese Sandwich	Chicken Pie	Coffee	Hot Tea	Cheese Omelette	-----	Shaved Ham Sandwich
	Coffee	Coffee		-----	Coffee	Egg Salad Sandwich	Coffee
				Corned Beef On Rye		Coffee	
			Coffee				
D I N N E R	Spaghetti & Meat Sauce	Parmesan Chicken	Corned Beef and	Roast Pork	Cod Nuggets	Honey Garlic Ribs	Grilled Ham
	Garlic Bread	Mashed Potatoes	Cabbage	Mashed Sweet Potato	Mashed Potatoes	Mashed Potatoes	Boiled Potatoes
	Dreamland Bar	Steamed Broccoli	Boiled Potatoes	Seasoned Green Peas	Brussel Sprouts	Baby Carrots	Diced Turnips
	2% Milk	Apple Pie	Carrots, Turnip	Mandarin Orange Cake	Bread Pudding	Assorted Gelatin and	Chocolate Cake
	Hot Tea	2% Milk	Buttertart Square	2% Milk	2% Milk	Cream	2% Milk
	-----	Hot Tea	2% Milk	Hot Tea	Hot Tea	2% Milk	Hot Tea
	Chicken Salad Sandwich	-----	Hot Tea	-----	-----	Hot Tea	-----
	Coffee	Italian Meatballs	-----	Quiche Lorraine	Roast Beef	-----	Turkey Pot Pie
		Coffee	Herb Baked Chicken	Mashed Potatoes	Coffee	Herb Baked Chicken	Coffee
			Breast	Coffee		Breast	
		Coffee			Coffee		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Scrambled Eggs	Poached Egg	Scrambled Eggs	Cheese Omelette	Scrambled Eggs	Poached Egg	Fried Egg
	Buttered Wheat Toast	Buttered Wheat Toast	LS Bacon	Buttered Wheat Toast	Buttered Wheat Toast	Buttered Wheat Toast	LS Bacon
	Strawberry Jam	Strawberry Jam	Buttered Wheat Toast	Strawberry Jam	Strawberry Jam	Strawberry Jam	Buttered Wheat Toast
	2% Milk	2% Milk	Strawberry Jam	2% Milk	2% Milk	2% Milk	Strawberry Jam
	Coffee	Coffee	2% Milk	Coffee	Coffee	Coffee	2% Milk
	-----	-----	Coffee	-----	-----	-----	Coffee
	Assorted Cold Cereal	Assorted Cold Cereal	-----	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	-----
	Cream of Wheat	Cream of Wheat	Assorted Cold Cereal	Cream of Wheat	Cream of Wheat	Cream of Wheat	Assorted Cold Cereal
Hard Boiled Egg	Hard Boiled Egg	Cream of Wheat	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Cream of Wheat	
Buttered White Toast	Buttered White Toast	Hard Boiled Egg	Buttered White Toast	Buttered White Toast	Buttered White Toast	Scrambled Eggs	
Orange Jam	Orange Jam	Buttered White Toast	Orange Jam	Orange Jam	Orange Jam	Buttered White Toast	
Hot Tea	Hot Tea	Orange Jam	Hot Tea	Hot Tea	Hot Tea	Orange Jam	
		Hot Tea				Hot Tea	Hot Tea
L U N C H	Golden Autumn Soup	Tomato Soup	Beef vegetable soup	Chicken Veg Soup	Cream of Mushroom	Garden Veg Soup	Chicken Noodle Soup
	Chicken a la King	Colcannon	Macaroni & Cheese	Shepherd's Pie	Soup	Corned Beef On Rye	Fish Cakes
	Banana Pudding	Fried Bologna	Macaroons	Mandarin Oranges	Cabbage & Beef	Sauerkraut	Diced Carrots
	2% Milk	Fruit and Marshmellow	2% Milk	2% Milk	Casserole	Shortbread Cookies	Diced Pears
	Hot Tea	Cream	Hot Tea	Hot Tea	Lemon Cranberry Muffin	2% Milk	2% Milk
	-----	2% Milk	-----	-----	2% Milk	Hot Tea	Hot Tea
	Shaved Ham Sandwich	Hot Tea	Turkey Salad Sandwich	Ham Salad Plate	Hot Tea	-----	-----
	Coffee	-----	Coffee	Coffee	-----	Chicken Salad Plate	Egg Salad Sandwich
		Cheddar Cheese Fruit			Tuna Salad Sandwich	Coffee	Coffee
		Salad Plate			Coffee		
	Coffee						
D I N N E R	Meatloaf	Lemon Pepper Cod	Liver Bacon & Onions	Sweet and Sour	Baked Haddock	Baked Pork Chop	Roast Turkey
	Mashed Potatoes	Ketchup	Mashed Potatoes	Chicken	Hollandaise Sauce	Applesauce Garnish	Mashed Potatoes
	Buttered Corn	Mashed Potatoes	Turnip	Fried Rice	Mashed Potatoes	Mashed Potatoes	Green Peas
	Date Square	Peas & Carrots	Fresh Fruit Cup	Italian Mix Vegetables	French Cut Green Beans	Steamed Broccoli	Ginger Cake
	2% Milk	Lemon Meringue Pie	2% Milk	Carrot Cake	Baked Custard	Banana Pudding	2% Milk
	Hot Tea	2% Milk	Hot Tea	2% Milk	2% Milk	2% Milk	Hot Tea
	-----	Hot Tea	-----	Hot Tea	Hot Tea	Hot Tea	-----
	Pork Cubes	-----	Chicken Pot Pie	-----	-----	-----	Baked Pork Chop
	Coffee	Meatloaf	Coffee	Mashed Potatoes	Grilled Ham	Herb Baked Chicken	Coffee
		Coffee		Coffee	Coffee	Breast	
					Coffee		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Assorted Juice Oatmeal Scrambled Eggs Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Poached Egg Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Scrambled Eggs LS Bacon Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Cheese Omelette Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Scrambled Eggs Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Poached Egg Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Hard Boiled Egg Buttered White Toast Orange Jam Hot Tea	Assorted Juice Oatmeal Fried Egg LS Bacon Buttered Wheat Toast Strawberry Jam 2% Milk Coffee ----- Assorted Cold Cereal Cream of Wheat Scrambled Eggs Buttered White Toast Orange Jam Hot Tea
L U N C H	Beef vegetable soup Pizza Casserole Fruit Cocktail 2% Milk Hot Tea ----- Salmon Salad Sandwich Coffee	Tomato Soup Chicken Pot Pie Cherry Slice 2% Milk Hot Tea ----- Western Omelette Coffee	Minestrone Soup Cold Meat Potato Salad Tomato Slices Assorted Gelatin and Cream 2% Milk Hot Tea ----- Chicken Salad Sandwich Coffee	Barley Beef Soup Assorted Sandwich Ginger Cookie 2% Milk Hot Tea ----- Cheddar Cheese Fruit Salad Plate Coffee	Chef's Best Soup Hot Turkey Sand & Gravy Seasoned Green Peas Cinnamon Rolls 2% Milk Hot Tea ----- Cheese Sandwich Coffee	Vegetable Soup Sausage Link Cinnamon French Toast LoCal Syrup Strawberries & Topping 2% Milk Hot Tea ----- Sliced Turkey Sandwich Coffee	Corn Chowder Assorted Sandwich Ice Cream 2% Milk Hot Tea ----- Chicken Noodle Soup Egg Salad Plate Coffee
D I N N E R	Breaded Haddock Tartar Sauce Mashed Potatoes Prince Edward Vegetables Lemon Pudding 2% Milk Hot Tea ----- Grilled Ham Coffee	Sweet n Sour Pork Mashed Potatoes Wax Beans Apple Crisp 2% Milk Hot Tea ----- Beef Burger Patty Coffee	Beef Stew and Dumplings Sweet Pickle Coconut Cream Pie 2% Milk Hot Tea ----- Herb Baked Chicken Breast Mashed Potatoes Coffee	Honey Garlic Chicken Mashed Potatoes Diced Carrots Black Forest Cake 2% Milk Hot Tea ----- Pork Riblette Coffee	Breaded Scallops Country Style Potatoes Creamy Coleslaw Pumpkin Pie 2% Milk Hot Tea ----- Roast Beef Coffee	BBQ Meatballs Fluffy Rice California Vegetables Butterscotch Pudding 2% Milk Hot Tea ----- Chicken Pie Mashed Potatoes Coffee	Brown Sugar Ham Mashed Potatoes Turnip White Cake/Lemon Sauce 2% Milk Hot Tea ----- BBQ Meatballs Coffee