

MONDAY

Lunch: Tomato Soup, Macaroni & cheese, Banana Half

Supper: Cabbage Beef Casserole, Buttered Bread, Chocolate Pudding

TUESDAY

Lunch: Chicken Rice Soup, Baked Beans, Weiners, Bread, Chocolate Chip Cookies

Supper: Roast Pork, Mashed Sweet Potato, Green Peas, Cheesecake

WEDNESDAY

Lunch: Cream of Broccoli Soup, Vegetable Strata, Sweet Pickle, Pineapple Upside Down Cake

Supper: Poached Salmon, Dill Sauce, Mashed Potatoes, Sliced Beets, Vanilla Tart

THURSDAY

Lunch: Vegetable Soup, Cold Meat, Apple Cheese Salad, Rice Crispy Square

Supper: BBQ Chicken, Mashed Potatoes, Green Beans, Fresh Watermelon



FRIDAY

Lunch: Golden Autumn Soup, Pork Sausage Patty, Cinnamon French Toast, Fresh Fruit Cup

Supper: Pan Fried Haddock, Mashed Potatoes, Vegetable Blend, Blueberry Pie

SATURDAY

Lunch: Clam Chowder, Assorted Sandwiches, Lemon Meringue Pudding

Supper: Chicken Strips, Sweet and Sour Sauce, Potato Wedges, Jello and Cream

SUNDAY

Lunch: Beef Vegetable Soup, Chicken Burger with Gravy, Cranberry Sauce, Ice Cream

Supper: Roast Beef, Bread and Butter Pickle, Mashed Potatoes, Baby Carrots, Strawberry Shortcake



WEEK ONE

MONDAY

Lunch: Minestrone Soup, Country Ham Salad, Tomato Slices, Donut

Supper: Spagetti & Meat Sauce, Garlic Bread, Caesar Salad, Dreamland Bar

TUESDAY

Lunch: Fish Chowder, Tea Biscuit, Baked Apple

Supper: Parmesan Chicken, Mashed Potatoes, Steamed Broccoli, Tapioca Pudding

WEDNESDAY

Lunch: Chicken Rice Soup, Vegetable Quiche, Chilled Apricots

Supper: Corned Beef Sandwich, Three Bean Salad, Summer Trifle

THURSDAY

Lunch: Tomato Soup, Chicken and Broccoli Casserole, Cranberry Square

Supper: Teriyaki Beef Stir Fry, Fluffy Rice, Mandarin Orange Cake



FRIDAY

Lunch: Split Pea Soup, 1/2 Grilled Cheese Sandwich, Peanut Butter Cookies

Supper: Tuna Noodle Casserole, Baked Custard

SATURDAY

Lunch: Vegetable Soup, BBQ Hamburger, Creamy Cucumber Salad, Butterscotch Pudding

Supper: Grilled Ham, Mashed Potatoes, Turnips, Jello and Cream

SUNDAY

Lunch: Beef Noodle Soup, Chicken Salad Plate, Roll, Marinated Carrot Salad, Strawberries

Supper: Pork Ribs, Mashed Potatoes, Cauliflower & Cheese, Chocolate Cake



WEEK TWO

MONDAY

Lunch: Golden Autumn Soup, Hot Dog, Cheesies, Mixed Berries and Cream

Supper: Meatloaf, Scalloped Potatoes, Buttered Corn, Date Squares

TUESDAY

Lunch: Tomato Soup, Hot Hamburger Sandwich, Green Peas, Vanilla Mousse

Supper: Lemon Pepper Cod, Mashed Potatoes, Peas & Carrots, Lemon Meringue Pie

WEDNESDAY

Lunch: Beef Vegetable Soup, Belgian Waffles with Fruit and Cream, Macaroons

Supper: Chili, Tea Biscuit, Fruited Jello and Cream

THURSDAY

Lunch: Chicken Vegetable Soup, Pizza, Mandarin Oranges

Supper: Orange Chicken, Fluffy Rice, Steamed Broccoli, Carrot Cake



FRIDAY

Lunch: Italian Wedding Soup, Chicken Drumsticks, Orzo Pasta Salad, Butterscotch Slice

Supper: Maple Glazed Salmon, Mashed Potatoes, Fresh Cut Green Beans, Cantaloupe

SATURDAY

Lunch: Garden Vegetable Soup, Assorted Croissant, Creamy Coleslaw

Supper: Baked Pork Chop, Mashed Potatoes, Sliced Carrots, Orange Tapioca Pudding

SUNDAY

Lunch: Chicken Noodle Soup, Fish Cakes, Chow, Fresh Fruit Cup

Supper: Roast Turkey, Mashed Potatoes, Green Beans, Lemon Blueberry Loaf



WEEK THREE

MONDAY

Lunch: Tomato Soup, Baked Potato Casserole, Diced Pear and Caramel Sauce

Supper: Breaded Haddock, Mashed Potatoes, PEI Vegetables, Lemon Pudding

TUESDAY

Lunch: Vegetable Soup, Zucchini Lasagna, Cherry Slice

Supper: Sweet n' Sour Pork, Mashed Potatoes, Wax Beans, Apple Crisp

WEDNESDAY

Lunch: Minestrone Soup, Cheese Tea Biscuit, Jello and Cream

Supper: Deli Meat Salad Plate, Potato Salad, Cranberry Salad, Banana Split Dessert

THURSDAY

Lunch: Chicken Rice Soup, Baked Beans, Buttered Bread, Ginger Cookie

Supper: Honey Garlic Chicken, Mashed Potatoes, Diced Carrots, Crushed Pineapple



FRIDAY

Lunch: Chef's Best Soup, Hot Turkey Sandwich with Gravy, Green Peas, Stewed Rhubarb

Supper: Crab Cake with Pineapple Salsa, Steamed Asparagus, Peach Kuchen

SATURDAY

Lunch: Vegetable Soup, Sausage Links, Pancakes, Strawberries & Cream

Supper: BBQ Meatballs, Fluffy Rice, California Vegetables, Butterscotch Pudding

SUNDAY

Lunch: Corn Chowder, Assorted Sandwiches, Ice Cream

Supper: Brown Sugar Ham, Mashed Potatoes, Turnip, White Cake with Lemon Sauce



WEEK FOUR