Lunch: Tomato Soup, Macaroni & cheese, Banana Half

Supper: Cabbage Beef
Casserole, Buttered
Bread, Chocolate
Pudding

#### TUESDAY

Lunch: Chicken
Rice Soup, Baked
Beans, Weiners, Bread,
Chocolate Chip Cookies

Supper: Roast Pork,
Mashed Sweet Potato,
Green Peas,
Cheesecake

# WEDNESDAY

Lunch: Cream of
Broccoli Soup, Vegetable
Strata, Sweet Pickle,
Pineapple Upside Down
Cake

Supper: Poached Salmon, Dill Sauce, Mashed Potatoes, Sliced Beets, Vanilla Tart

#### THURSDAY

Lunch: Vegetable
Soup, Cold Meat, Apple
Cheese Salad, Rice
Crispy Square

Supper: BBQ Chicken,
Mashed Potatoes, Green
Beans, Fresh
Watermelon



# FRIDAY

Lunch: Golden Autumn Soup, Pork Sausage Patty, Cinnamon French Toast, Fresh Fruit Cup

Supper: Pan Fried Haddock, Mashed Potatoes, Vegetable Blend, Blueberry Pie

# SATURDAY

Lunch: Clam Chowder,
Assorted Sandwiches,
Lemon Meringue
Pudding

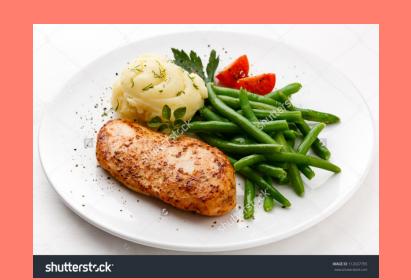
Supper: Chicken Strips, Sweet and Sour Sauce, Potato Wedges, Jello and Cream

#### SUNDAY

Lunch: Beef Vegetable Soup, Chicken Burger with Gravy, Cranberry Sauce, Ice Cream

Supper: Roast Beef,
Bread and Butter Pickle,
Mashed Potatoes, Baby
Carrots, Strawberry
Shortcake







NEEKONE

Lunch: Minestrone Soup, Country Ham Salad, Tomato Slices, Donut

Supper: Spagetti & Meat Sauce, Garlic Bread, Caesar Salad, Dreamland Bar

#### TUESDAY

Lunch: Fish Chowder, Tea Biscuit, Baked Apple

Supper: Parmesan Chicken, Mashed Potatoes, Steamed Broccoli, Tapioca Pudding

# WEDNESDAY

Lunch: Chicken Rice Soup, Vegetable Quiche, Chilled Apricots

Supper: Corned Beef Sandwich, Three Bean Salad, Summer Trifle

#### THURSDAY

Lunch: Tomato Soup, Chicken and Broccoli Casserole, Cranberry Square

Supper: Teriyaki Beef Stir Fry, Fluffy Rice, Mandarin Orange Cake



# FRIDAY

Lunch: Split Pea Soup, 1/2 Grilled Cheese Sandwich, Peanut Butter Cookies

Supper: Tuna Noodle Casserole, Baked Custard

# SATURDAY

Lunch: Vegetable Soup,
BBQ Hamburger,
Creamy Cucumber
Salad, Butterscotch
Pudding

Supper: Grilled Ham, Mashed Potatoes, Turnips, Jello and Cream

# SUNDAY

Lunch: Beef Noodle Soup, Chicken Salad Plate, Roll, Marinated Carrot Salad, Strawberries

Supper: Pork Ribs,
Mashed Potatoes,
Cauliflower & Cheese,
Chocolate Cake









Lunch: Golden Autumn Soup, Hot Dog, Cheesies, Mixed Berries and Cream

Supper: Meatloaf, Scalloped Potatoes, Buttered Corn, Date Squares

#### TUESDAY

Lunch: Tomato Soup,
Hot Hamburger
Sandwich, Green Peas,
Vanilla Mousse

Supper: Lemon Pepper Cod, Mashed Potatoes, Peas & Carrots, Lemon Meringue Pie

# WEDNESDAY

Lunch: Beef
Vegetable Soup,
Belgian Waffles with
Fruit and Cream,
Macaroons

Supper: Chili, Tea
Biscuit, Fruited
Jello and Cream

#### THURSDAY

Lunch: Chicken
Vegetable Soup,
Pizza,
Mandarin Oranges

Supper: Orange Chicken, Fluffy Rice, Steamed Broccoli, Carrot Cake



# FRIDAY

Lunch: Italian Wedding
Soup, Chicken
Drumsticks, Orzo Pasta
Salad, Butterscotch
Slice

Supper: Maple Glazed
Salmon, Mashed
Potatoes, Fresh Cut
Green Beans,
Cantaloupe

# SATURDAY

Lunch: Garden
Vegetable Soup,
Assorted Croissant,
Creamy Coleslaw

Supper: Baked Pork Chop, Mashed Potatoes, Sliced Carrots, Orange Tapioca Pudding

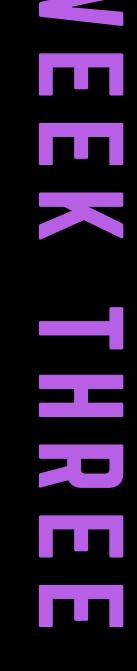
#### SUNDAY

Lunch: Chicken
Noodle Soup,
Fish Cakes, Chow,
Fresh Fruit Cup

Supper: Roast Turkey, Mashed Potatoes, Green Beans, Lemon Blueberry Loaf









Lunch: Tomato Soup,
Baked Potato
Casserole, Diced Pear
and Caramel Sauce

Supper: Breaded
Haddock, Mashed
Potatoes, PEI
Vegetables, Lemon
Pudding

#### TUESDAY

**Lunch:** Vegetable Soup, Zucchini Lasagna, Cherry Slice

Supper: Sweet n'
Sour Pork, Mashed
Potatoes, Wax Beans,
Apple Crisp

#### WEDNESDAY

Lunch: Minestrone
Soup, Cheese
Tea Biscuit,
Jello and Cream

Supper: Deli Meat Salad Plate, Potato Salad, Cranberry Salad, Banana Split Dessert

#### THURSDAY

Lunch: Chicken Rice Soup, Baked Beans, Buttered Bread, Ginger Cookie

Supper: Honey Garlic Chicken, Mashed Potatoes, Diced Carrots, Crushed Pineapple



#### FRIDAY

Lunch: Chef's Best Soup, Hot Turkey Sandwich with Gravy, Green Peas, Stewed Rhubarb

Supper: Crab Cake with Pineapple Salsa, Steamed Asparagus, Peach Kuchen

#### SATURDAY

Lunch: Vegetable Soup,
Sausage Links,
Pancakes,
Strawberries & Cream

Supper: BBQ Meatballs, Fluffy Rice, California Vegetables, Butterscotch Pudding

#### SUNDAY

**Lunch:** Corn Chowder, Assorted Sandwiches, Ice Cream

Supper: Brown Sugar
Ham, Mashed
Potatoes, Turnip,
White Cake with Lemon
Sauce







