

## Therapeutics Calendar August 2018–4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-Coloring/Painting -Tablet Games -Music on an iPod	-Outside strolls -Puzzles/Games -Letter/Mail Assistance your floor to access these activities)	*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel	1 10:30 – Exercises 10:00 – RC Mass	2 10:00 – RC Mass 1:00 – Public Gardens (Bus Outing)	3 10:30 – Exercises 2:00 – Mind Matters (2nd Floor)	2:00 – Sounds by Dan (Chapel)
5 10:00 – RC Mass	6 NATAL DAY  Recreation staff is off today!	7 2:00 – Treat Trolley & One-on-One Visits 6:00 – Crafty Cronies	8 10:00 – RC Mass 10:30 – Exercises	9 10:00 – RC Mass Sara helping on 3rd Floor today	10 Lobster Lunch 10:00 – Day Care Visit	2:00 – Music with the Trilites (Chapel)
12 10:00 – RC Mass	13 10:30 – Picnic at Dewolf Park	14 2:30 – Music Therapy 6:00 – Crafty Cronies Sara helping on 2nd Floor today	15 10:00 – RC Mass 10:30 – Exercises	10:00 – RC Mass 1:30 – Anglican Church 2:00 – Garden Walks Sara helping on 6th Floor today	17 Library Day 10:30 – Exercises 2:00 – Mind Matters (2nd Floor)	18 2:00 – Music with Peggy Gillis (Chapel)
19 10:00 – RC Mass	2:00 – Hymn Sing (Chapel)	21 11:30 – Garden Party (4th Floor) 6:00 – Crafty Cronies	22 10:00 – RC Mass 10:30 – Exercises	23 10:00 – RC Mass 1:30 – Blueberry Social (All Floors)	24 10:00 – Day Care Visit 1:00 – Public Gardens (Bus Outing)	25 2:00 – Music with Country Plus (Chapel)
26 10:00 – RC Mass	27 2:00 – Bingo (5th Floor)	28 2:00 – Treat Trolley & One-to-One Visits 2:30 – Music Therapy 6:00 – Crafty Cronies  Sara helping on 5th Floor	29 10:00 – RC Mass 10:30 – Exercises	30 10:00 – RC Mass 2:00 – Mind Matters (2nd Floor) Sara on vacation	31 10:30 – Exercises 2:00 – Corn Boil (Windsor Room)  Sara on vacation	*Programs are subject to change, please see on-unit whiteboard each day for the most accurate program information *Please visit www.svnh.ca for building-wide programs and printable calendars