





Therapeutics Calendar August 2018 → 5th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel	<i>1</i> 10:00 – RC Mass 2:00 – Watermelon Social	<i>2</i> 10:00 – RC Mass 10:30 – Exercises 1:00 – Public Gardens (Bus Outing)	<i>3</i> 2:00 – Mind Matters (2nd Floor) <i>Sara is off today</i>	<i>4</i> 2:00 – Sounds by Dan (Chapel)
<i>5</i> 10:00 – RC Mass	<i>6</i> <i>Recreation staff is off today!</i> NATAL DAY	<i>7</i> 10:30 – Music Therapy 6:00 – Crafty Cronies	<i>8</i> 10:00 – RC Mass 2:00 – Birthday Party!	<i>9</i> 10:00 – RC Mass 2:00 – Treat Trolley & One-to-One Visits <i>Sara helping on 3rd Floor today</i>	<i>10</i> Lobster Lunch  10:00 – Day Care Visit 2:00 – Garden Walks	<i>11</i> 2:00 – Music with the Trilites (Chapel)
<i>12</i> 10:00 – RC Mass	<i>13</i> 10:30 – Picnic at Dewolf Park 	<i>14</i> 6:00 – Crafty Cronies <i>Sara helping on 2nd Floor today</i>	<i>15</i> 10:00 – RC Mass	<i>16</i> 10:00 – RC Mass 1:30 – Anglican Church <i>Sara helping on 6th Floor today</i>	<i>17</i> <i>Library Day</i> 2:00 – Mind Matters (2nd Floor)	<i>18</i> 2:00 – Music with Peggy Gillis (Chapel)
<i>19</i> 10:00 – RC Mass	<i>20</i> 10:30 – Exercises 2:00 – Hymn Sing (Chapel)	<i>21</i> 6:00 – Crafty Cronies <i>Sara helping on 4th Floor today</i>	<i>22</i> 10:00 – RC Mass 2:00 – Treat Trolley & One-to-One Visits	<i>23</i> 10:00 – RC Mass 10:30 – Exercises 1:30 – Blueberry Social (All Floors)	<i>24</i> 10:00 – Day Care Visit 1:00 – Public Gardens (Bus Outing)	<i>25</i> 2:00 – Music with Country Plus (Chapel)
<i>26</i> 10:00 – RC Mass	<i>27</i> 10:30 – Exercises 2:00 – Bingo (5th Floor)	<i>28</i> 11:30 – Garden Party (5th Floor) 6:00 – Crafty Cronies	<i>29</i> 10:00 – RC Mass 2:00 – Garden Walks <i>Sara on vacation</i>	<i>30</i> 10:00 – RC Mass 10:30 – Music Therapy 2:00 – Mind Matters (2nd Floor) <i>Sara on vacation</i>	<i>31</i> 2:00 – Corn Boil (Windsor Room) <i>Sara on vacation</i>	*Programs are subject to change, please see on-unit whiteboard each day for the most accurate program information *Please visit www.svnh.ca for building-wide programs and printable calendars

August Birthdays: Ruth S. (10th), Rita C. (24th) & Charles S. (31st)