




Therapeutics Calendar December 2018 → 2nd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>						1
2 10:00 – R C Mass	3 10:00 – Coffee Time 2:00 – Massages	4 10:30 – Standing Exercises 1:30 – Presbyterian Church 2:00 – Tree Decorating Party 6:00 – French Carolers (Chapel)	5 10:00 – R C Mass 10:30 Exercises	6 2:00 – Christmas Party (Windsor Room)	7 Library Day 10:00 – Visit from Le Marchant Street School (Chapel)	8 2:00 – Carols with the Girl Guides (Chapel)
9 10:00 – R C Mass	10 11:00 – Shopping Trip 	11 10:00 – R C Mass 10:30 – Standing Exercises 7:00 – The Halifax Burns Club (Chapel)	12 10:00 – R C Mass 11 to 1 – Volunteer Appreciation Lunch (Windsor Room)	13 10:00 – R C Mass 1:30 – United Service 6:00 – Christmas Lights Tour (Sign up with Rec)	14 10:00 – Day Care Visit (Windsor Room) 10:15 Music Therapy 2:00 – Atlantic Tides	15 2:00 – Music with Peggy Gillis (Chapel)
16 10:00 – R C Mass	17 10:00 – Oxford Street Elementary School Visit (Windsor Room)	18 10:30 – Standing Exercises	19 10:00 – R C Mass 10:00 – Oxford Street Elementary School Visit (Windsor Room)	20 10:00 – R C Mass 1:30 – Anglican Service 2:00 – Mind Matters (2nd Floor)	21 10:00 – Building a Ginger Bread House	22 2:00 – Music with Kurtis (Chapel)
23	24 CHRISTMAS EVE 10:00 – Cookies & Egg Nog (All Floors) 1:30 – Christmas Carol Sing & R C Mass	25 CHRISTMAS DAY <i>*Recreation staff is off today*</i>	26 BOXING DAY <i>*Recreation staff is off today*</i>	27 2:00 – Christmas Movie Colleen off until Jan 2nd	28 Colleen off	29
30	31 NEW YEARS EVE 2:00 – New Year's Music with Melanie Breen (Chapel)	Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)				

Birthdays: Jorge.T 16th