




Therapeutics Calendar December 2018 → 4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>						<p>1 2:00 – St. Theresa's Choir (Chapel)</p>
<p>2 10:00 – R C Mass</p>	<p>3 This morning – December calendars being delivered! 2:00 – Massages</p>	<p>4 10:30 – Standing Exercises 1:30 – Presbyterian Service 2:00 – Decorating Party! 6:00 – French Carolers (Chapel)</p>	<p>5 10:00 – R C Mass 10:30 – Exercises 3:00 – Treat Trolley</p>	<p>6 *Sara on 2nd this afternoon*</p>	<p>7 10:00 – Visit from Le Marchant Street School (Windsor Room) *Sara on 5th this afternoon*</p>	<p>8 2:00 – Carols with the Girl Guides (Chapel)</p>
<p>9 10:00 – R C Mass</p>	<p>10 11:00 – Shopping Trip (See Sara to sign up) </p>	<p>11 10:00 – R C Mass 10:30 – Standing Exercises 2:00 – *Sara on 3rd floor* 7:00 – The Halifax Burns Club (Chapel)</p>	<p>12 10:00 – R C Mass 11 to 1 – Volunteer Appreciation Lunch (Windsor Room)</p>	<p>13 10:00 – R C Mass 10:30 – Carol Sing (Chapel) 1:30 – United Service 2:00 – Christmas Party! 6:00 – Christmas Lights Tour (See Sara to sign up)</p>	<p>14 10:00 – Day Care Visit (Windsor Room) 2:00 – Atlantic Tides (Chapel)</p>	<p>15 2:00 – Music with Peggy Gillis (Chapel)</p>
<p>16 10:00 – R C Mass</p>	<p>17 10:00 – Oxford Street Elementary School Visit (Windsor Room) *Sara on 5th this afternoon*</p>	<p>18 10:30 – Standing Exercises *Sara on 6th this afternoon*</p>	<p>19 10:00 – Oxford Street Elementary School Visit (Windsor Room) 2:00 – Christmas Carols (Chapel)</p>	<p>20 1:30 – Anglican Service 2:00 – Mind Matters (2nd Floor)</p>	<p>21 *Sara is off today*</p>	<p>22 2:00 – Music with Kurtis (Chapel)</p>
<p>23</p>	<p>24 CHRISTMAS EVE 10:00 – Cookies & Egg Nog (All Floors) 1:30 – Christmas Carol Sing & R C Mass</p>	<p>25 CHRISTMAS DAY *Recreation staff is off today*</p>	<p>26 BOXING DAY *Recreation staff is off today*</p>	<p>27 2:00 – Christmas Movie (All Floors)</p>	<p>28 10:30 – Exercises 2:00 – Holiday Trivia</p>	<p>29</p>
<p>30</p>	<p>31 NEW YEARS EVE 2:00 – New Year's Music with Melanie Breen (Chapel)</p>	<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Tablet Games -Music on an iPod -Outside strolls -Puzzles/Games -Letter/Mail Assistance <p>(See recreation staff on your floor to access these activities)</p>				

Birthdays: Dorothy P. (Dec. 27th)