




Therapeutics Calendar December 2018

→ 6th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>						<p>1 2:00 – St. Theresa's Choir (Chapel)</p>
<p>2 10:00 – R C Mass</p>	<p>3 10:30 -Exercises 2:00 – Massages (All Floors)</p>	<p>4 10:30 – Standing Exercises 1:30 – Presbyterian Church 6:00 –French Carolers (Chapel)</p>	<p>5 10:00 – R C Mass</p>	<p>10:30 –Carol Sing (Chapel) Colleen on 2 in pm</p>	<p>7 Library Day 10:00 – Visit from Le Marchant Street School (Chapel) 2:00 –Tree Decorating</p>	<p>8 2:00 – Carols with the Girl Guides (Chapel)</p>
<p>9 10:00 – R C Mass</p>	<p>10 11:00 – Shopping Trip </p>	<p>11 10:00 – R C Mass 10:30 – Standing Exercises 7 :00– The Halifax Burns Club (Chapel)</p>	<p>12 10:00 – R C Mass 11 to 1 – Volunteer Appreciation Lunch</p>	<p>13 10:00 – R C Mass 1:30 – United Service 6:00 – Christmas Lights Tour (Sign up with Rec)</p>	<p>14 10:00 – Day Care Visit (Windsor room) 2:00 – Atlantic Tides (Chapel)</p>	<p>15 2:00 – Music with Peggy Gillis (Chapel)</p>
<p>16 10:00 – R C Mass</p>	<p>17 10:00 – Oxford Street Elementary School Visit (Windsor room)</p>	<p>18 10:30 – Standing Exercises 2:00 – Christmas Party (Windsor room)</p>	<p>19 10:00 – R C Mass 10:00 – Oxford Street Elementary School Visit (Windsor room)</p>	<p>20 10:00 – R C Mass 1:30 – Anglican Service 2:00 – Mind Matters (2nd Floor)</p>	<p>21 2:00 -Building A Ginger Bread House</p>	<p>22 2:00 – Music with Kurtis (Chapel)</p>
<p>23</p>	<p>24 CHRISTMAS EVE 10:00 – Cookies & Egg Nog (All Floors) 1:30 – Christmas Carol Sing & R C Mass</p>	<p>25 CHRISTMAS DAY <i>*Recreation staff is off today*</i></p>	<p>26 BOXING DAY <i>*Recreation staff is off today*</i></p>	<p>27 2:00 – Christmas Movie (Windsor room) Colleen off until Jan 2nd</p>	<p>28</p>	<p>29</p>
<p>30</p>	<p>31 NEW YEARS EVE 2:00 – New Year's Music with Melanie Breen</p>	<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Tablet Games -Music on an iPod -Outside strolls -Puzzles/Games -Letter/Mail Assistance 				

Birthdays: Nancy .M 1st, Dinah .N 12th ,Daisy. L 16th