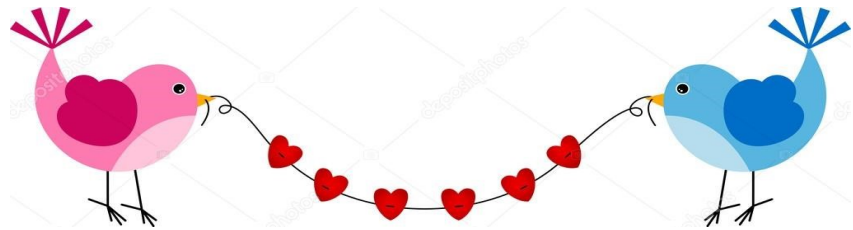






Therapeutics Calendar - February 2019 → **4th Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		1 Library Day This morning – New calendars going out today 10:30 – Exercises 2:00 – Treat Trolley & One-on-One Visits with Sara	2 2:00 – Piano Mama & The Mixed Bags (Chapel) 
3  MENU WEEK 1	4 2:00 – Massages (All Floors)	5 10:00 – Rosary 10:30 – Standing Exercises 2:00 – Music with the Mother Pluckers (Chapel) 6:30 – Crafty Cronies	6 10:00 – RC Mass 10:30 – Exercises <i>Sara is on 5th floor this afternoon!</i>	7 2:00 – Mind Matters (2nd Floor)	8 10:00 – Day Care Visit 2:00 – Graphic Illustration and Talk on Maud Lewis (Windsor Room)	9 2:00 – Music with Daphne (Chapel)
10 10:00 – R C Communion Service MENU WEEK 2	11 2:00 – Hymn Sing (Chapel) 3:00 – Music Therapy	12 10:30 – Standing Exercises 2:00 – Menu Committee Meeting (4th Floor) 6:30 – Crafty Cronies	13 10:00 – RC Mass 10:30 – Exercises <i>Sara in meetings this afternoon!</i>	14 VALENTINE'S DAY 10:00 – Rosary  1:30 – United Church 1:45 – Valentine's Dance with Greg & the Gang (Windsor Room)	15 10:30 – Exercises 1:30 – Treat Trolley & One-on-One Visits with Sara	16 2:00 – Music with Peggy Gillis (Chapel)
17  MENU WEEK 3	18 NOVA SCOTIA HERITAGE DAY <i>Recreation Staff are off today!</i>	19 10:30 – Standing Exercises 2:00 – Memory Lane (Chapel) 2:00 – RFCC Meeting (4th Floor) 6:30 – Crafty Cronies	20 10:00 – RC Mass 10:30 – Exercises 2:00 – Patsy Roache (Chapel)	21 10:00 – Rosary 1:30 – Anglican Church 2:00 – Mind Matters (2nd Floor)	22 Library Day 10:00 – Day Care Visit 2:00 – Men's Club (Windsor Room)	23 2:00 – Music by Kurtis (Chapel)
24 10:00 – R C Communion Service MENU WEEK 4	25 2:00 – Bingo (5th Floor)	26 10:00 – Rosary 10:30 – Standing Exercises 2:00 – Resident's Council (Windsor Room) 6:30 – Crafty Cronies	27 10:00 – RC Mass 10:30 – Exercises 2:00 – Trivial!	28 10:30 – Music & Movement (Chapel) 2:00 – Monthly Social <i>(Families & friends are welcome to attend!)</i>	*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit white-board each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars	

Birthdays: Muriel S. (Feb. 13th) & Terry E. (Feb 27th)