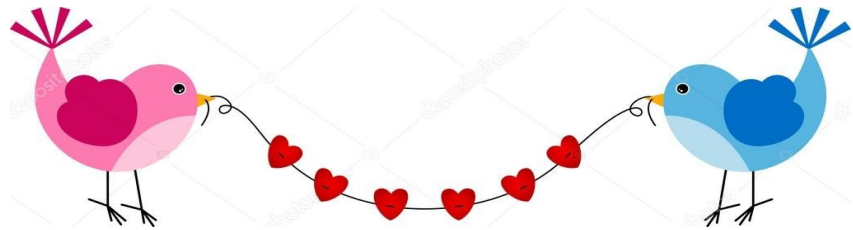






Therapeutics Calendar - February 2019 → **5th Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance <p>(See recreation staff on your floor to access these activities)</p>		<p>1 Library Day</p> <p>This morning – New calendars going out today!</p> <p><i>Sara is on 4th floor this afternoon!</i></p>	<p>2</p> <p>2:00 – Piano Mama & The Mixed Bags (Chapel) </p>
<p>3</p>  <p>MENU WEEK 1</p>	<p>4</p> <p>10:30 – Exercises</p> <p>2:00 – Massages (All Floors)</p>	<p>5</p> <p>10:00 – Rosary</p> <p>10:30 – Standing Exercises</p> <p>2:00 – Music with the Mother Pluckers (Chapel)</p> <p>6:00 – Crafty Cronies</p>	<p>6</p> <p>10:00 – RC Mass</p> <p>2:00 – Treat Trolley & One-on-One Visits</p>	<p>7</p> <p>10:30 – Exercises</p> <p>2:00 – Mind Matters (2nd Floor)</p> <p>3:00 – Music Therapy</p>	<p>8</p> <p>10:00 – Day Care Visit</p> <p>2:00 – Graphic Illustration and Talk on Maud Lewis (Windsor Room)</p>	<p>9</p> <p>2:00 – Music with Daphne (Chapel)</p>
<p>10</p> <p>10:00 – R C Communion Service</p> <p>MENU WEEK 2</p>	<p>11</p> <p>10:30 – Exercises</p> <p>2:00 – Hymn Sing (Chapel)</p>	<p>12</p> <p>10:30 – Standing Exercises</p> <p>2:00 – Menu Committee Meeting (4th Floor)</p> <p>2:00 – Monthly Social! (Family & friends are welcome to attend!)</p> <p>6:00 – Crafty Cronies</p>	<p>13</p> <p>10:00 – RC Mass</p> <p><i>Sara will be in meetings today!</i></p>	<p>14 VALENTINE'S DAY</p> <p>10:00 – Rosary </p> <p>10:30 – Exercises</p> <p>1:30 – United Church</p> <p>1:45 – Valentine's Dance with Greg & the Gang (Windsor Room)</p>	<p>15</p> <p>2:30 – Treat Trolley</p>	<p>16</p> <p>2:00 – Music with Peggy Gillis (Chapel)</p>
<p>17</p>  <p>MENU WEEK 3</p>	<p>18 NOVA SCOTIA HERITAGE DAY</p> <p><i>Recreation Staff are off today!</i></p>	<p>19</p> <p>10:30 – Standing Exercises</p> <p>2:00 – Memory Lane (Chapel)</p> <p>2:00 – RFCC Meeting (4th Floor)</p> <p>6:00 – Crafty Cronies</p>	<p>20</p> <p>10:00 – RC Mass</p> <p>2:00 – Patsy Roache (Chapel)</p>	<p>21</p> <p>10:00 – Rosary</p> <p>10:30 – Music & Exercise</p> <p>1:30 – Anglican Church</p> <p>2:00 – Mind Matters (2nd Floor)</p>	<p>22 Library Day</p> <p>10:00 – Day Care Visit</p> <p>2:00 – Men's Club (Windsor Room)</p>	<p>23</p> <p>2:00 – Music by Kurtis (Chapel)</p>
<p>24</p> <p>10:00 – R C Communion Service</p> <p>MENU WEEK 4</p>	<p>25</p> <p>10:30 – Exercises</p> <p>2:00 – Bingo (5th Floor)</p>	<p>26</p> <p>10:00 – Rosary</p> <p>10:30 – Standing Exercises</p> <p>2:00 – Resident's Council (Windsor Room)</p> <p>6:00 – Crafty Cronies</p>	<p>27</p> <p>10:00 – RC Mass</p> <p>2:00 – Trivia on 4th Floor!</p>	<p>28</p> <p>10:30 – Music & Movement (Chapel)</p> <p><i>Sara is on 4th floor this afternoon!</i></p>	<p>*All programs without a floor number are on-unit in the lounge</p> <p>*All church services and standing exercises are in the Chapel</p> <p>*Programs are subject to change, please see on-unit white-board each day for program information</p> <p>*Please visit www.svnh.ca for building-wide programs and printable calendars</p>	

Birthdays: Amy S. (Feb. 7th), Timothy B. (Feb. 7th) & Harold L. (Feb. 26th)