



# Therapeutics Calendar January 2018 → 5th Floor

Sun

Mon

Tue

Wed

Thu

Fri

Sat

	<p>1 <b>Happy New Year!</b></p>	<p>2 10:00 –R C Mass 10:30 – New Calendars</p>	<p>3 10:00 – Mass 2:00 –Travelogue (Windsor Room)</p>	<p>4 10:00 –R C Mass 10:30– Exercises 2:00 - Bingo (5th Floor)</p>	<p>5 <b>Library Day</b> 10:00 -Day Care Visit 2:00 -Pet Visits (Some Floors)</p>	<p>6 2:00 - Tunes with Tony (Chapel)</p>
<p>7 10:00 –R C Mass</p>	<p>8 10:30– Exercises 2:00 – Hymn Sing (Chapel)</p>	<p>9 10:00 –R C Mass 10:30 –Standing Exercises 2:00 - Greg &amp; the Gang (Chapel)</p>	<p>10 10:00 –R C Mass 2:30 – Treat Trolley</p>	<p>11 10:00 –R C Mass 10:30– Exercises 1:30 – United Church 2:00-Mind Matters (2nd Floor)</p>	<p>12 2:00 -Pet Visits (Some Floors)</p>	<p>13 2:00 - Trilites (Chapel)</p>
<p>14 10:00 –R C Mass</p>	<p>15 10:30– Exercises 2:00 -Bingo (5th Floor)</p>	<p>16 10:00 –R C Mass 10:30 –Standing Exercises 2:00 - Memory Lane (Chapel)</p>	<p>17 10:00 –R C Mass 2:00 - Patsy Roach (Chapel)</p>	<p>18 10:00 –R C Mass 10:30– Exercises 1:30– Anglican Communion Service 2:00– <b>BIRTHDAY PARTY!</b></p>	<p>19 10:00 -Day Care Visit 2:00 -Pet Visits (Some Floors)</p>	<p>20 2:00 -Sounds with Dan (Chapel)</p>
<p>21 10:00 –R C Communion Service</p>	<p>22 10:30– Exercises 2:00 -Massage (All Floors)</p>	<p>23 10:30 –Standing Exercises 2:00 –Resident’s Council (Windsor Room)</p>	<p>24 10:00 –R C Mass 2:00 – One-to-One Visits</p>	<p>25 10:00 –R C Mass 10:30– Exercises 2:00 - Mind Matters (2nd Floor)</p>	<p>26 <b>Library Day</b> 1:30 –Men’s Club (Windsor Room) 2:00 -Pet Visits (Some Floors)</p>	<p>27 2:00 - Silver and Gold Fiddlers (Chapel)</p>
<p>28 10:00 –R C Communion Service </p>	<p>29 10:30– Exercises 2:00 – Treat Trolley</p>	<p>30 10:30 –Standing Exercises 2:00 – Trivia Time: Winter Edition</p>	<p>31 10:00 –R C Mass 1:30 – Paint “Night” with Sara (Windsor Room)</p>	<p><b>All programs without a floor number are on-unit in the lounge. All church services and standing exercises are in the Chapel. Visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs.</b></p>	<p><b>Independent leisure activities are available upon request such as:</b>            -Coloring/Painting            -Tablet Games            -Music on an iPod            -Outside strolls            -Puzzles/Games            -Letter/Mail Assistance  <i>*Programs are subject to change, please see on-unit whiteboard each day for the most accurate program information</i></p> 	

**January Birthdays:** Clarence S.(4th), Therese B.(9th), Gladys R.(9th), Guy B.(18th), Celina B.(18th), Janice N.(22nd)