




# Therapeutics Calendar January 2019 → 3rd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Leisure activities are available upon request for example:</b> -Coloring/Painting      -Outside strolls -Tablet Games            -Puzzles/Games -Music on an iPod        -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		<b>1</b>  <i>Happy Birthday Georgina!</i>	<b>2</b> 10:00 – RC Mass	<b>3</b> 2:00 – Mind Matters (2nd floor)	<b>4 Library Day</b> 10:30– Exercises  <i>Happy Birthday Clarence</i>	<b>5</b> 2:00 – Sounds By Dan (Chapel)
<b>6</b> 10:00 – Communion Service	<b>7</b> 10:30– Exercises 2:00 – Hymn Sing (Chapel)	<b>8</b> 10:30 – Standing Exercises (Chapel) 2:00 – Atlantic Tides (Chapel) 6:00– Crafty Cronies	<b>9</b> 10:00 – RC Mass 1:30 – United Church Service	<b>10</b> 10:30– Music Therapy 2:00– Travelogue  <i>Happy Birthday Gloria</i>	<b>11</b> 10:00 – Day Care Visit (Windsor Room) 2:00 –Graphic Illustration (Windsor Room)	<b>12</b> 2:00 – Music with Cynthia Davies (Chapel)
<b>13</b>	<b>14</b> 10:30– Exercises 2:00 – Bingo (5th Floor) <i>Happy Birthday Helen</i>	<b>15</b> 10:30 – Standing Exercises (Chapel) 2:00 – Memory Lane (Chapel) 6:00– Crafty Cronies	<b>16</b> 2:00 – Music With Patsy Roache (Chapel)	<b>17</b> 1:30 – Anglican Church Service 2:00 – Mind Matters (2nd floor)	<b>18</b> 10:30– Exercises 2:00– Fresh Bread	<b>19</b> 2:00 – Music with The Trilites (Chapel)
<b>20</b>	<b>21</b> 10:30– Exercises 2:30– Music Therapy 2:00– One to One Visits	<b>22</b> 2:00 – Art Expression (Windsor Room) 6:00– Crafty Cronies	<b>23</b> 10:30– Exercises	<b>24</b> 2:00 – Greg & The Gang (Chapel)	<b>25</b> 10:00 – Day Care Visit (Windsor Room) 2:00– Tea Social	<b>26</b> 2:00 –Tunes By Tony (Chapel)
<b>27</b>	<b>28</b> 2:30 – Music & Movement (Chapel) <i>Happy Birthday Denny</i>	<b>29</b> 10:30– Exercises 2:00 – Resident’s Council (Windsor Room) 6:00– Crafty Cronies	<b>30</b> 2:00– One to One Visits	<b>31</b> 10:30– Exercises 2:00 – Mind Matters (2nd floor) 2:30– Music Therapy	*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs and printable calendars	