




Therapeutics Calendar March 2018 → 5th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Independent leisure activities are available upon request such as: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit white-board each day for the most accurate program information *Please visit www.svnh.ca for building-wide programs and printable calendars		1 10:00 – R C Mass <i>Recreation staff is at a first aid course today!</i>	2 2:00 – Treat Trolley & One-to-One Visits	3 2:00 – Piano Mama & the Mix Bags (Chapel)
4 10:00 – R C Communion Service	5 10:30 – Exercises 2:00 – Hymn Sing (Chapel)	6 10:30 – Standing Exercises 2:00 – Sara on 4th Floor for the afternoon 6:00 – Crafty Cronies	7 10:00 – R C Mass 2:00 – Sara in meetings for the afternoon	8 10:00 – R C Mass 10:30 – Exercises 1:30 – United Church Service	9 <i>Library Day</i> 10:00 – Day Care Visit 2:00 – Birthday Party!	10 2:00 – Trilites (Chapel)
11 10:00 – R C Communion Service	12 10:30 – Exercises 2:00 – Nutrition Bingo	13 10:30 – Standing Exercises 2:00 – Sara on 4th Floor for the afternoon 6:00 – Crafty Cronies	14 10:00 – R C Mass 2:00 – Sara in meetings for the afternoon	15 10:00 – R C Mass 10:30 – Exercises 1:30 – Anglican Church Service 2:00 – Mind Matters (2nd Floor)	16 2:00 – Treat Trolley & One-to-One Visits	17 2:00 – Sounds by Dan (Chapel) SAINT PATRICK'S DAY
18 10:00 – R C Communion Service	19 10:30 – Exercises 2:00 – Massages (All Floors)	20 10:30 – Standing Exercises 2:00 – Memory Lane (Chapel) 6:00 – Crafty Cronies	21 10:00 – R C Mass 2:00 – Patsy Roach (Chapel)	22 10:00 – R C Mass 10:30 – Exercises 2:00 – Bingo! (5th Floor)	23 10:00 – Day Care Visit 2:00 – Jeopardy!	24 1:30 – Movie Matinee (5th Floor)
25 10:00 – R C Communion Service 	26 10:30 – Exercises 2:00 – Resident's Council (4th Floor)	27 10:30 – Standing Exercises 2:00 – Resident & Family Focused Care Meeting (4th Floor) 6:00 – Crafty Cronies	28 2:00 – Sara in meetings for the afternoon	29 <i>Library Day</i> 10:00 – Holy Thursday R C Mass 10:30 – Exercises 2:00 – Mind Matters (2nd Floor)	30 10:00 – Good Friday Service <i>Recreation staff is off today!</i> GOOD FRIDAY	31 2:00 – Tunes by Tony (Chapel)

Birthdays: Frank F. (14th), Marion S. (17th), Jane H. (18th) & Bill M. (23rd)