



March 2019 — Therapeutics Calendar →

2nd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>					1	2 2:00 – Atlantic Tides (Chapel)	
3 <i>MENU WEEK 1</i>	4 10:15 –Exercises 2:00 – Hymn Sing (Chapel)	5 10:00 –Rosary 10:30 – Standing Exercises 6:00 – Crafty Cronies	6 10:00 –RC Mass 2:00 -Tuck Cart (Canteen) 1:1 Visits	7 10:15 –Exercises 2:00 – Mind Matters (2nd Floor)	8 10:00 – Day Care Visit 12:45 – Bowling Outing (please sign up with Rec)	9 2:00 – Trillites (Chapel)	
10 10:00 –RC Communion Service <i>MENU WEEK 2</i>	11 10:00 –Coffee Time 2:00 – Bingo (Windsor Room)	12 10:30 – Standing Exercises 6:00 – Crafty Cronies	13 10:00 –RC Mass 2:00 -Afternoon Social	14 10:00 –Rosary 10:30 –Exercises 1:30 –United Church 3:00 Music Therapy	15 <i>Library Day</i> 2:00 – Graphic Illustration: Alexander Keith (Windsor Room)	16 2:00 – Dan’s Irish Show (Chapel)	
17 HAPPY SAINT PATRICK’S DAY! <i>MENU WEEK 3</i>	18 10:15 –Exercises 2:00 – Nutrition Bingo (Windsor Room)	19 10:30 – Standing Exercises 2:00 – Memory Lane (Chapel) 6:00 – Crafty Cronies	20 10:00 –RC Mass 2:00 – Patsy Roache (Chapel)	21 10:00 –Rosary 10:30 –Music & Movement 2:00 – Mind Matters (2nd Floor)	22 10:00 – Day Care Visit Colleen on 6 in pm	23 2:00 – Silver & Gold Fiddlers (Chapel)	
24 10:00 –RC Communion Service <i>MENU WEEK 4</i>	25 10:00 –Coffee Time 2:00 – Residents Council (Windsor Room)	26 10:30 – Standing Exercises 1:30 –Anglican Church 2:00 -Tuck Cart (Canteen) 1:1 Visits 6:00 –Crafty Cronies	27 10:00 –RC Mass Colleen on 6 in pm	28 10:00 –Rosary 10:30 –Music Therapy 2:00 – Greg and the Gang (Chapel)	29 2:00- Art Expressions (Windsor Room)	30 2:00 – TBA	
31 <i>MENU WEEK 1</i>	BIRTHDAYS: Pat M 7th, June H 24th Gerry T 24th, Gwynne W 28th Clayton O 30th			Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)			