



March 2019 — Therapeutics Calendar → 3rd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>					1	2
3	4	5	6	7	8	9
<p>10:30– Exercises 2:00 – Hymn Sing (Chapel) 3:00– Music Therapy</p> <p><i>MENU WEEK 1</i></p>	<p>10:30– Exercises 2:00 – Hymn Sing (Chapel) 3:00– Music Therapy</p>	<p>10:00– Rosary 10:30 – Standing Exercises 2:00– One to One Visits 6:00 – Crafty Cronies</p>	<p>10:00– Mass 2:00– Fresh Bread</p>	<p>10:30– Exercises 2:00 – Mind Matters (2nd Floor)</p> <p><i>Amy off</i></p>	<p>10:00 – Day Care Visit 12:45 – Bowling Outing (please sign up with Rec)</p>	<p>2:00 – Atlantic Tides (Chapel)</p> <p>2:00 – Trilites (Chapel)</p>
10	11	12	13	14	15	16
<p>10:00– RC Communion Service</p>	<p>10:30– Exercises 2:00 – Bingo (5th Floor)</p>	<p>10:30 – Standing Exercises 2:00– One to One Visits 6:00 – Crafty Cronies</p>	<p>10:00– Mass 10:30– Exercises 2:00– Canteen Cart</p>	<p>10:00– Rosary 10:30– Music Therapy 1:30– United Church Service 2:00– Bowling</p>	<p><i>Library Day</i></p> <p>2:00 – Graphic Illustration: Alexander Keith (Windsor Room)</p>	<p>2:00 – Dan’s Irish Show (Chapel)</p>
17	18	19	20	21	22	23
<p>HAPPY SAINT PATRICK’S DAY!</p> <p><i>MENU WEEK 3</i></p>	<p>10:30– Exercises 2:00 – Nutrition Bingo (Windsor Room)</p>	<p>10:30 – Standing Exercises 2:00 – Memory Lane (Chapel) 6:00 – Crafty Cronies</p>	<p>10:00– Mass 2:00 – Patsy Roache (Chapel)</p>	<p>10:00– Rosary 10:30– Exercises 2:00 – Mind Matters (2nd Floor)</p>	<p>10:00 – Day Care Visit 2:00– Tea Social</p>	<p>2:00 – Silver & Gold Fiddlers (Chapel)</p>
24	25	26	27	28	29	30
<p>10:00– RC Communion Service</p> <p><i>MENU WEEK 4</i></p>	<p>10:30– Exercises 2:00 – Residents Council (Windsor Room)</p> <p><i>Amy off in the morning</i></p>	<p>10:30 – Standing Exercises 1:30– Anglican Communion Service 2:00– Canteen Cart 6:00 – Crafty Cronies</p>	<p>10:00– Mass 2:00– Fresh Bread</p>	<p>10:00– Rosary 0:30– Exercises 2:00 – Greg and the Gang (Chapel)</p>	<p>2:00 –Art Expression (Windsor Room)</p>	<p>2:00 – To Be Announced</p>
31	<p>BIRTHDAYS: Pauline W. 6th Nancy C. 10th</p>			<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Tablet Games -Music on an iPod -Outside strolls -Puzzles/Games -Letter/Mail Assistance 		
<p><i>MENU WEEK 1</i></p>				<p>(See recreation staff on your floor to access these activities)</p>		