



March 2019 — Therapeutics Calendar → 4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>					<p>1 New Calendars! Sara will be on 5th floor this afternoon</p>	<p>2 2:00 – Atlantic Tides (Chapel)</p>
<p>3 MENU WEEK 1</p>	<p>4 10:30 – Music Therapy 2:00 – Hymn Sing (Chapel)</p>	<p>5 10:00 – Rosary 10:30 – Standing Exercises 6:00 – Crafty Cronies</p>	<p>6 10:00 – Mass 10:30 – Exercises Sara will be in meetings this afternoon</p>	<p>7 2:00 – Mind Matters (2nd Floor)</p>	<p>8 10:00 – Day Care Visit 12:45 – Bowling Outing (please sign up with Rec)</p>	<p>9 2:00 – Trillites (Chapel)</p>
<p>10 10:30 – RC Communion Service MENU WEEK 2</p>	<p>11 2:00 – Bingo (Windsor Room)</p>	<p>12 10:30 – Standing Exercises 2:00 – Monthly Social (Friends & family welcome!) 6:00 – Crafty Cronies</p>	<p>13 10:00 – Mass 10:30 – Exercises Sara will be in meetings this afternoon</p>	<p>14 10:00 – Rosary 1:30 – United Church 2:00 – Treat Trolley & One-on-One Visits</p>	<p>15 Library Day 10:30 – Exercises 2:00 – Graphic Illustration: Alexander Keith (Windsor Room)</p>	<p>16 2:00 – Dan's Irish Show (Chapel)</p>
<p>17 HAPPY SAINT PATRICK'S DAY! MENU WEEK 3</p>	<p>18 2:00 – Nutrition Bingo (Windsor Room) 3:00 – Music Therapy</p>	<p>19 10:30 – Standing Exercises 2:00 – Memory Lane (Chapel) 6:00 – Crafty Cronies</p>	<p>20 10:00 – Mass 10:30 – Exercises 2:00 – Patsy Roache (Chapel)</p>	<p>21 10:00 – Rosary 10:30 – Music & Exercises (Chapel) 2:00 – Mind Matters (2nd Floor)</p>	<p>22 10:30 – Exercises 2:30 – Treat Trolley & One-on-One Visits</p>	<p>23 2:00 – Silver & Gold Fiddlers (Chapel)</p>
<p>24 10:30 – RC Communion Service MENU WEEK 4</p>	<p>25 2:00 – Residents Council (Windsor Room)</p>	<p>26 10:30 – Standing Exercises 1:30 – Anglican Service 2:00 – Monthly Social with Trivia (Family & friends welcome!) 6:00 – Crafty Cronies</p>	<p>27 10:00 – Mass 10:30 – Exercises Sara will be in meetings this afternoon</p>	<p>28 10:00 – Rosary 2:00 – Greg and the Gang (Chapel)</p>	<p>29 10:00 – Day Care Visit 2:00 – Art Expression (Windsor Room)</p>	<p>30 2:00 – TBA</p>
<p>31 MENU WEEK 1</p>	<p>BIRTHDAYS: Regis P. – March 17th Mike M. – March 25th Leta S. – March 28th</p>		<div style="border: 1px solid black; padding: 5px; background-color: #c8e6c9;"> <p><i>"March is a month of expectation."</i> Emily Dickenson</p> </div>		<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Tablet Games -Music on an iPod -Outside strolls -Puzzles/Games -Letter/Mail Assistance <p>(See recreation staff on your floor to access these activities)</p>	

