



# March 2019 — Therapeutics Calendar →

# 6th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs and printable calendars					1	2 2:00 – Atlantic Tides (Chapel)
3  <i>MENU WEEK 1</i>	4 10:00 –Coffee Time  2:00 – Hymn Sing (Chapel)	5 10:00 –Rosary 10:30 – Standing Exercise 2:00 –Social Afternoon  6:00 – Crafty Cronies	6  10:00 –RC Mass  Colleen on 2 in pm	7  2:00 – Mind Matters (2nd Floor)	8 10:00 – Day Care Visit 10:30 –Music Therapy 12:45 – Bowling Outing (please sign up with Rec)	9 2:00 – Trillites (Chapel)
10 10:00 –RC Communion Service  <i>MENU WEEK 2</i>	11 10:15 –Exercises  2:00 – Bingo (Windsor Room)	12 10:30 – Standing Exercises  2:00 -Tuck Cart (Canteen) 1:1 Visits 6:00 – Crafty Cronies	13 10:00 –RC Mass  Colleen on 2 in pm	14 10:00 –Rosary  1:30 –United Church 2:00 –Social Afternoon	15 <i>Library Day</i> 10:15 –Exercises  2:00 – Graphic Illustration: Alexander Keith (Windsor Room)	16 2:00 – Dan’s Irish Show (Chapel)
17 <b>HAPPY SAINT PATRICK’S DAY!</b>  <i>MENU WEEK 3</i>	18 10:00 –Coffee Time  2:00 – Nutrition Bingo (Windsor Room)	19 10:30 – Standing Exercises 2:00 – Memory Lane (Chapel)  6:00 – Crafty Cronies	20 10:00 –RC Mass  2:00 – Patsy Roache (Chapel)	21 10:00 –Rosary 10:30 –Music & Movement 2:00 – Mind Matters (2nd Floor) 2:00 –Music Therapy	22 10:00 – Day Care Visit  Colleen on 2 in pm	23  2:00 – Silver & Gold Fiddlers (Chapel)
24 10:00 –RC Communion Service  <i>MENU WEEK 4</i>	25 10:15 –Exercises  2:00 – Residents Council (Windsor Room)	26 10:30 – Standing Exercises 1:30 –Anglican Church  6:00 – Crafty Cronies	27 10:00 –RC Mass  2:00 -Tuck Cart (Canteen) 1:1 Visits	28 10:00 –Rosary  2:00 – Greg and the Gang (Chapel)	29 10:15 –Exercises  2:00- Art Expressions (Windsor Room)	30  2:00 – TBA
31  <i>MENU WEEK 1</i>	<b>BIRTHDAYS: Rona C 1st, Viola O 25th</b>			<b>Leisure activities are available upon request for example:</b> -Coloring/Painting                      -Outside strolls -Tablet Games                            -Puzzles/Games -Music on an iPod                        -Letter/Mail Assistance  (See recreation staff on your floor to access these activities)		

