



# May 2019 — Therapeutics Calendar → **3rd Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Leisure activities are available upon request for example:</b> -Coloring/Painting      -Outside strolls -Tablet Games            -Puzzles/Games -Music on an iPod        -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel	1 10:00 –RC Mass 10:30– Exercises 2:00– Canteen Cart	2 2:00 – Mind Matters (2nd Floor)	3 10:30– Exercises 1:00 Walk for Alzheimer's (If interested meet in lobby)	4 2:00 – Sounds by Dan (Chapel)
5  <b>MENU WEEK 1</b>	6 2:00 – Kitchen Party (Chapel)  <i>Happy Birthday Thomas!</i>	7 10:30 – Standing Exercises 2:00 – Music with East Coast Connections (Chapel)  6:00 – Crafty Cronies	8 10:30– Exercises 10:00 –RC Mass 2:00– Fresh Bread	9 10:00 –Scripture Group 10:30– Music Therapy 2:00 – Travelogue (Windsor Room)	10 10:00 – Day Care Visit	11 2:00 – Music with the Trilites (Chapel)
12 <b>MOTHERS DAY</b>  10:00 –Communion Service  <b>MENU WEEK 2</b>	13 10:30– Music & Exercise (Chapel) 2:00 – Bingo! (Windsor Room)	14 10:30 – Standing Exercises 2:00 – Music with Memory Lane (Chapel)  6:00 – Crafty Cronies	15 10:00 –RC Mass 2:00 – Music with Patsy Roache (Chapel)	16 10:00 –Rosary 10:30– Exercises 2:00 – Mind Matters (2nd Floor)	17 <i>Library Day</i>  10:30– Exercises 2:00– One to One Visits	18 2:00 – St. John's Anglican Choir (Chapel)
19  <b>MENU WEEK 3</b>	20 <b>VICTORIA DAY</b>  <i>Recreation staff is off today!</i>	21 10:30 – Standing Exercises 2:00 – Memorial Service (Chapel)  6:00 – Crafty Cronies	22 10:00 –RC Mass 2:00– One to One Visits	23 10:00 –Rosary 10:30– Exercises 2:00 – Music with Greg & the Gang (Chapel)	24 10:00 – Day Care Visit 2:00– Fresh Bread	25 2:00 – Music with Melanie Breen (Chapel)
26  <b>MENU WEEK 4</b>	27 2:00 – Resident's Council (Windsor Room) 3:00– Music Therapy	28 10:30 – Standing Exercises 2:00– Canteen Cart 6:00 – Crafty Cronies	29 10:30– Exercises 10:00 –RC Mass 2:00– Movie	30 10:00 –Rosary 10:30– Exercises 2:00 – Mind Matters (2nd Floor)	31 10:30– Exercsies 2:00– Tea Social	*Programs are subject to change, see on-unit whiteboard each day for program information *Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for printable calendars