


May 2019 — Therapeutics Calendar → **5th Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel	1 10:00 – RC Mass *New calendars being delivered today!*	2 10:30 – Exercises 2:00 – Mind Matters (2nd Floor)	3 1:00 – Walk for Alzheimer's (If interested meet in lobby)	4 2:00 – Sounds by Dan (Chapel)
5 MENU WEEK 1	6 10:30 – Exercises 2:00 – Kitchen Party (Chapel)	7 10:30 – Standing Exercises 2:00 – Music with East Coast Connections (Chapel) 6:00 – Crafty Cronies	8 10:00 – RC Mass *Sara is on 4th floor this afternoon*	9 10:00 – Scripture Group 1:30 – United Church 2:00 – Travelogue (Windsor Room) 2:00 – Music Therapy	10 10:00 – Day Care Visit 2:00 – Treat Trolley & One-on-One Visits	11 2:00 – Music with the Trilites (Chapel)
12 MOTHERS DAY 10:00 – Communion Service MENU WEEK 2	13 10:30 – Music & Exercises (Chapel) 2:00 – Bingo! (Windsor Room)	14 10:30 – Standing Exercises 2:00 – Music with Memory Lane (Chapel) 6:00 – Crafty Cronies	15 10:00 – RC Mass 2:00 – Music with Patsy Roache (Chapel)	16 10:00 – Rosary 10:30 – Music & Exercises (Dining Room) 2:00 – Mind Matters (2nd Floor)	17 <i>Library Day</i> *Sara is on 4th floor today*	18 2:00 – St. John's Anglican Choir (Chapel)
19 MENU WEEK 3	20 VICTORIA DAY <i>Recreation staff is off today!</i>	21 10:30 – Standing Exercises 1:30 – Memorial Service (Chapel) 6:00 – Crafty Cronies	22 10:00 – RC Mass 2:00 – Treat Trolley & One-on-One Visits	23 10:00 – Rosary 2:00 – Music with Greg & the Gang (Chapel)	24 10:00 – Day Care Visit 2:00 – Monthly Social (Family and friends welcome!)	25 2:00 – Music with Melanie Breen (Chapel)
26 MENU WEEK 4 	27 10:30 – Exercises 2:00 – Resident's Council (Windsor Room) 2:00 – Music Therapy	28 10:30 – Standing Exercises 2:00 – RFCC Meeting (4th Floor) 6:00 – Crafty Cronies	29 10:00 – RC Mass *Sara is on 4th floor this afternoon*	30 10:00 – Rosary 10:30 – Exercises 2:00 – Mind Matters (2nd Floor)	31 2:00 – Trivia! (4th Floor)	*Programs are subject to change, see on-unit whiteboard each day for program information *Please visit www.svnh.ca for printable calendars

BIRTHDAYS: Betty A. (May 5th), Frank D. (May 12th) & Sheila S. (May 12th)