



Therapeutics Calendar November 2018 → **3rd Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars		Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		<i>1</i> 10:00 –R C Mass 1:30 – Presbyterian Church 2:00 – Mind Matters	<i>2</i> 10:30 – Pet Therapy 2:00– Fresh Bread	<i>3</i> 2:00 – Music with Daphne (Chapel) <i>Happy Birthday Norma!</i>
<i>4</i> 10:00 –R C Mass	<i>5</i> 10:00– Exercises 2:00 –Massages (All Floors)	<i>6</i> 10:00 –R C Mass 10:30 -Standing Exercises 2:00 – Music with the Atlantic Tides (Chapel)	<i>7</i> 10:00 –R C Mass 2:00– Craft Corner	<i>8</i> 10:00 –R C Mass 10:00– Exercises 1:30 – United Church	<i>9</i> 10:00 –Day Care Visit 10:30 – Pet Therapy 2:00– Canteen Cart	<i>10</i>
<i>11</i> REMEMBRANCE DAY 1:30 – Remembrance Day Service & Patsy Roach (Chapel)	<i>12</i> <i>Recreation staff is off today!</i>	<i>13</i> 10:00 –R C Mass 10:30 -Standing Exercises 2:30– Music & Relaxation	<i>14</i> 10:00 –R C Mass 2:00– Bean Bag Toss	<i>15</i> 10:00 –R C Mass 10:00– Exercises 1:30 – Anglican Church 2:00 – Mind Matters	<i>16</i> <i>Library Day</i> 10:30 – Pet Therapy 2:00– Fresh Bread	<i>17</i> 2:00 – Music with Joyce and Larry (Chapel)
<i>18</i> 10:00 –R C Mass <i>Happy Birthday Edith!</i>	<i>19</i> 10:00– Exercises 2:00 – Bingo (5th Floor)	<i>20</i> 10:00 –R C Mass 10:30 -Standing Exercises 2:00 – Music with Memory Lane (Chapel)	<i>21</i> 10:00 –R C Mass 2:00– One to One Visits	<i>22</i> 10:00 –R C Mass 10:00– Exercises 2:00 – Music with Greg and the Gang (Chapel)	<i>23</i> 10:00 –Day Care Visit 10:30 – Pet Therapy 2:00 – Men’s Club (Windsor Room)	<i>24</i> 2:00 – Music with the Scotiannaires (Chapel)
<i>25</i> 10:00 –R C Mass	<i>26</i> 10:00- Exercises 2:00 – Resident’s Council (Windsor Room)	<i>27</i> 10:00 –R C Mass 10:30 –Movement & Music 2:00 – Menu Committee Meeting (4th Floor) 3:30– Music Therapy	<i>28</i> 10:00 –R C Mass 2:00– One to One Visits	<i>29</i> 10:00 –R C Mass 10:00– Exercises 2:00 – Memorial Service (Chapel)	<i>30</i> 9:00 –1:00 – FALL FAIR! (Windsor Room)	