



# Therapeutics Calendar November 2018 → **4th Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs and printable calendars		<b>Leisure activities are available upon request for example:</b> -Coloring/Painting      -Outside strolls -Tablet Games            -Puzzles/Games -Music on an iPod        -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		<b>1 NEW CALENDARS!</b> 1:30 – Presbyterian Service 2:00 – Mind Matters (2nd Floor)	<b>2</b> 10:30 – Exercises 10:30 – Pet Therapy	<b>3</b> 2:00 – Music with Daphne (Chapel)
<b>4</b> 10:00 – R C Mass	<b>5</b> 2:00 – Massages (All Floors)	<b>6</b> 10:00 – R C Mass 10:30 – Standing Exercises 2:00 – Music with the Atlantic Tides (Chapel) 2:30 – Music Therapy	<b>7</b> 10:00 –R C Mass <i>*Sara is in meetings today*</i>	<b>8</b> 10:00 –R C Mass 1:30 – United Service 2:00 – Trivia!	<b>9</b> 10:00 –Day Care Visit 10:30 – Pet Therapy 2:00 – Treat Trolley & One-on-One Visits	<b>10</b>
<b>11 REMEMBRANCE DAY</b> 1:30 – Remembrance Day Service & Patsy Roach (Chapel)	<b>12</b> <i>Recreation staff is off today!</i>	<b>13</b> 10:00 – R C Mass 10:30 – Music Therapy 10:30 – Standing Exercises 10:30 – Birthday Party!	<b>14</b> 10:00 –R C Mass 10:30 – Exercises	<b>15</b> 10:00 –R C Mass 1:30 – Anglican Service 2:00 – Mind Matters (2nd Floor)	<b>16 Library Day</b> 10:30 – Exercises 10:30 – Pet Therapy	<b>17</b> 2:00 – Music with Joyce and Larry (Chapel)
<b>18</b> 10:00 – R C Mass	<b>19</b> 2:00 – Bingo (5th Floor)	<b>20</b> 10:00 – R C Mass 10:30 – Standing Exercises 2:00 – Music with Memory Lane (Chapel)	<b>21</b> 10:00 –R C Mass 10:30 – Exercises	<b>22</b> 10:00 –R C Mass 2:00 – Music with Greg and the Gang (Chapel)	<b>23</b> 10:00 – Day Care Visit 10:30 – Pet Therapy 2:00 – Men’s Club (Windsor Room)	<b>24</b> 2:00 – Music with the Scotiannaires (Chapel)
<b>25</b> 10:00 – R C Mass	<b>26</b> 2:00 – Resident’s Council (Windsor Room)	<b>27</b> 10:00 –R C Mass 10:30 –Movement & Music 2:00 – Menu Committee Meeting (4th Floor)	<b>28</b> 10:00 –R C Mass 10:30 – Exercises 2:00 – Treat Trolley & One-on-One Visits	<b>29</b> 10:00 –R C Mass 2:00 – Memorial Service (Chapel)	<b>30</b> 9:00 – 1:00 – <b>FALL FAIR!</b> (Windsor Room)	

**Birthdays:** Emma B. (7<sup>th</sup>), Doug M. (9<sup>th</sup>) & Ruby H. (19<sup>th</sup>)