



Therapeutics Calendar November 2018 → **5th Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars		Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		1 NEW CALENDARS! 1:30 – Presbyterian Service 2:00 – Mind Matters (2nd Floor)	2 10:30 – Pet Therapy 2:00 – Treat Trolley & One-on-One Visits	3 2:00 – Music with Daphne (Chapel)
4 10:00 – R C Mass	5 10:30 – Exercises 2:00 – Massages (All Floors)	6 10:00 – R C Mass 10:30 – Music Therapy 10:30 – Standing Exercises 2:00 – Music with the Atlantic Tides (Chapel)	7 10:00 – R C Mass <i>*Sara is in meetings today*</i>	8 10:00 – R C Mass 10:30 – Exercises 1:30 – United Service 2:00 – Trivia! (4th Floor)	9 10:00 – Day Care Visit 10:30 – Pet Therapy	10
11 REMEMBRANCE DAY 1:30 – Remembrance Day Service & Patsy Roach (Chapel)	12 <i>Recreation staff is off today!</i>	13 10:00 – R C Mass 10:30 – Standing Exercises	14 10:00 – R C Mass 2:00 – Fresh Bread	15 10:00 – R C Mass 10:30 – Music & Movement 1:30 – Anglican Service 2:00 – Mind Matters (2nd Floor)	16 Library Day 10:30 – Pet Therapy 2:00 – Treat Trolley & One-on-One Visits	17 2:00 – Music with Joyce and Larry (Chapel)
18 10:00 – R C Mass	19 10:30 – Exercises 2:00 – Bingo (5th Floor)	20 10:00 – R C Mass 10:30 – Standing Exercises 2:00 – Music with Memory Lane (Chapel) 3:00 – Music Therapy	21 10:00 – R C Mass 2:00 – One-on-One Visits	22 10:00 – R C Mass 2:00 – Music with Greg and the Gang (Chapel)	23 10:00 – Day Care Visit 10:30 – Pet Therapy 2:00 – Men’s Club (Windsor Room)	24 2:00 – Music with the Scotiannaires (Chapel)
25 10:00 – R C Mass	26 10:30 – Exercises 2:00 – Resident’s Council (Windsor Room)	27 10:00 – R C Mass 10:30 – Movement & Music 2:00 – Menu Committee Meeting (4th Floor)	28 10:00 – R C Mass	29 10:00 – R C Mass 2:00 – Memorial Service (Chapel)	30 9:00 – 1:00 – FALL FAIR! (Windsor Room)	