

## **Resident's Council Minutes**

**Date: February 26, 2019**

**Present: 18 Residents – all floor represented**

### **Staff:**

Amy Parker- Recreation Therapist

Hillary Wellard- Co-Chair

Sara Densmore- Recreation Therapist

Colleen Meisner- Recreation

Kim Wright- Director of Quality and Operations

Angela Berrette- Executive Director

John McDonald- Facility/Maintenance Manager

Lauren Richardson- Clinical Dietician

Krista O'Hearn- Support Services Manager

### **Old Business:**

1. An update was given in regards to the bake sale and crafty cronies cards to raise money for the palliative care committee. **Action: Kim reported that it was a success and that they raised over \$600.00**

### **Management Messages:**

1. Angela gave an update to two reports done recently, one by licensing for the department of health and the other for the fire marshal. Licencing reported the following positive comments: good feedback from Residents who they spoke to, good feedback on food and overall satisfaction. Things to work on included policies, admission package, documentation and breakfast (encouraging people to eat in the dining rooms and having meals on place mats not on trays. Angela also explained who to talk to if there was a complaint which was the clinical staff, then Resident Care Managers, then Directors. Licensing was here on a day where there was IRCC's so there were no scheduled programs and they had concern about the amount of programs being offered. The fire marshal report outlines a few issues which have either been already fixed or are going to be corrected within the week. **Action: Survey for Residents in regards to recreation will be distributed soon.**
2. Angela announced the new name plates for outside the rooms will be going up in the near future. **Action: no follow up required.**

3. Angela announced the staff room is going to be going back to the original area off the Windsor Room. **Action: No follow up required.**
4. Lauren talked about the special Valentine's Day meal which Residents enjoyed. The menu committee meeting met and Lauren will be meeting with Resident's to talk about the dining experience to make meals more enjoyable. **Action: Lauren will update next Resident's Council.**
5. Lauren announced that March is Nutrition Month and will be facilitating a nutrition bingo where Resident's will win nutritious snacks. **Action: No follow up required.**
6. Lauren announced there will be a special Irish dinner to celebrate St. Patrick's Day in March.
  
7. Recreation Programs for the month of October were reviewed, the highlights include:
  - a) 2<sup>nd</sup>- Music with the Atlantic Tides
  - b) 4<sup>th</sup>- hymn Sing
  - c) 7<sup>th</sup>- Mind Matters
  - d) 8<sup>th</sup>- Outing for Bowling **please sign up with recreation**
  - e) 9<sup>th</sup>- Music with the Trilites
  - f) 11<sup>th</sup>- Bingo
  - g) 15<sup>th</sup>- Graphic Illustration- Alexander Keith
  - h) 16<sup>th</sup>- Music with Dan
  - i) 18<sup>th</sup>- Nutrition Bingo
  - j) 19<sup>th</sup>- Music with Memory Lane
  - k) 20<sup>th</sup>- Music with Patsy Roache
  - l) 21<sup>st</sup>- Mind Matters
  - m) 23<sup>rd</sup>- Music with Silver and Gold Fiddlers
  - n) 28<sup>th</sup>- Music with Greg and the Gang
  - o) 29<sup>th</sup>- Art Expression
  - p) 30<sup>th</sup>- To be announced

**New Business:**

1. A Resident from the 6<sup>th</sup> floor wanted to say that "the most wonderful people work here"
2. A Resident thanked Angela and Kim for their work with helping her solve the problem of Resident's wandering into her room.

3. A resident asked if we could put Travelogue back on the calendar and recreation will make sure that this happens. Recreation will also look into ensuring we can get Netflix on the TV in the Windsor room.
4. A resident wanted to express their love for mind matters and asked why we can't have it more often. Recreation explained that we try to make it fair for all Residents to ensure everyone is receiving some type of recreation programming.
5. A Resident requested to write to Father Cosgrove. Staff will follow up with Debbie MacDonald the Chaplin to make sure we send it to the right church.

**Next Resident's Council Meeting will be Monday the 25th of March at 2:00pm in the Windsor Room.**

Respectfully Submitted, Amy Parker Recreation Therapist