



Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars		Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		1 **New Calendars being Delivered!*** 10:00 –Rosary 11:30 Garden Party	2	3 2:00– Music with Dan (Chapel)
4	5	6	7	8	9	10
10:00 –R C Mass MENU WEEK 4	Happy Natal Day!	6:00– Crafty Cronies	10:00– R.C Mass 1:30– Bus Drive *Please sign up with Recreation if interested	10:00 –Rosary 2:30 Music Therapy		2:00– Music With Karlene (Chapel)
11 MENU WEEK 1	12 10:30- Exercises	13 10:30– Standing Exercises 1:30- Anglican Service 2:00– Mind Matters (2nd Floor) 6:00– Crafty Cronies	14 10:00– R.C Mass 2:00– Visit from Sea Turtle Summer Camp (Windsor Room)	15	16 Lobster for Lunch Today! 2:00- Tuck Cart	2:00– Music with Peggy Gillis (Chapel)
18	19	20	21	22	23 Library Day	24
10:00– R.C Mass <i>MENU WEEK 2</i>	2:00- Bingo (Windsor Room)	10:30– Standing Exercises 6:00– Crafty Cronies	10:00– R.C Mass 2:00– Corn Boil (Windsor Room)	10:00– Scripture Group 10:30– Exercises 2:00– BBQ Lunch *Please sign up with Rec 2:30– Music Therapy	2:00– Trivia	2:00– Music with Daphne (Chapel)
25	26	27	28	29	30	31
MENU WEEK 3	11:30– BBQ Outing	10:30– Standing Exercises 2:00 Tuck Cart 6:00– Crafty Cronies	10:00– R.C Mass 2:00– Garden Walks & Popsicles	10:00 –Rosary 10:30– Exercises 2:00– Mind Matters (2nd Floor)	10:00– Visit from the Daycare (Windsor Room) 2:00– Blueberry Social (All Floors)	1:30- Movie (Windsor Room)