

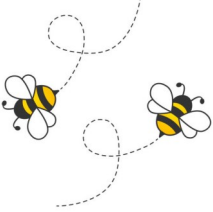





# Therapeutics Calendar— August 2022 → **4th Floor**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Leisure activities are available upon request , for example:</i></p> <ul style="list-style-type: none"> <li>• Coloring/Puzzles/Games</li> <li>• Tablet Games</li> <li>• Music on an iPod</li> <li>• Outside Strolls</li> </ul> <p><i>(Please see recreation staff)</i></p>	<p><b>1 Natal Day</b></p> <p>Handing out Calendars 6:00 Balloon Ball</p> <p>Marisa &amp; Taylor Off</p>	<p>2</p> <p>10:15 Standing Exercises 6:00 Bonfire</p>	<p>3</p> <p>2:00 Exercises</p> 	<p>4</p> <p>6:00 Hymn Sing (Chapel)</p>	<p>5</p> <p>10:15 Colouring 1:30 Ice Cream Sundaes Roving Cart (All Floors)</p> <p>Marisa Off</p>	<p>6</p> <p>2:00 Music with Dan</p>
<p>7</p> <p>10:00 Fancy Nails 2:00 Fun in the Sun Social (Garden)</p> <p>MENU WEEK 3</p>	<p>8</p> <p>10:15 Exercise 2:00 Tea Social</p>	<p>9</p> <p>10:15 Standing Exercises 2:00 1:1 Visits 6:00 Creative Expression</p>	<p>10</p> <p>1:30 Blueberry Social Roving Cart (All Floors)</p>	<p>11</p> 	<p>12</p> <p>2:00 Bingo (W.R.)</p> <p><i>Music Therapy Today</i></p>	<p>13 <i>Kelly's Last Day</i></p> <p>10:30 Balloon Ball 2:00 Music with Brian</p>
<p>14</p> <p>1:30 Canteen Cart</p> <p>MENU WEEK 4</p>	<p>15</p> <p>Outing to Peggy's Cove (please sign up with recreation)</p> <p><i>Music Therapy Today</i></p>	<p>16</p> <p>10:15 Standing Exercises 1:30 Bus Drive</p>	<p>17</p> <p>1:30 Garden Walks</p>	<p>18</p>  <p>Taylor Off</p>	<p>19 <i>Library Day</i></p> <p>10:15 Exercise 2:00 Creative Expressions</p>	<p>20</p> <p>10:00 Fancy Nails 2:00 Music with Melanie</p>
<p>21</p> <p>10:30 Hymn Sing</p> <p>Taylor Off MENU WEEK 1</p>	<p>22</p> <p>2:00 Wheel of Fortune</p>	<p>23</p> <p>10:15 Standing Exercises 2:00 Washer Toss</p>	<p>24</p> <p>1:30 Garden Walks</p> <p><i>Happy Birthday Marie!</i></p>	<p>25</p> <p>10:30 Walking Club</p> 	<p>26</p> <p>10:15 Exercise 2:00 Creative Expressions</p>	<p>27</p> <p>10:30 Balloon Ball 2:00 Music with Emily</p>
<p>28</p> <p>2:00 Garden Walks</p> <p>MENU WEEK 2</p>	<p>29 <i>Darrel's Last Day</i></p> <p>1:30 Ice Cream Cart (All Floors) 6:00 Finishing Lines</p> <p><i>Music Therapy Today</i> Marisa Off</p>	<p>30</p> <p>10:15 Standing Exercises 1:30 Fancy Nails</p> <p>Marisa Off</p>	<p>31 <i>Cassidy's Last Day</i></p> <p>2:00 Men's Club (W.R.)</p> <p>Marisa Off</p>	<p><i>*Church services will be posted on a weekly basis</i>  <i>*All programs without a floor number are on-unit in the dining room</i>  <i>*All church services, standing exercises, Saturday musical entertainment are in the Chapel</i>  <i>*Programs are subject to change, please see on-unit whiteboard each day for program information</i></p>		