







Therapeutics Calendar December 2019 → 2nd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>2:00 Decorate the Tree</p> <p><i>MENU WEEK 1</i></p>	<p>2</p> <p>10:30 Carols with Paige 2:00 Tree Lighting (W.R.) 6:00 Christmas Hymns & Songs (5th)</p>	<p>3</p> <p>2:00 Visit from Nashwaak Farm (W.R.) 6:00 Christmas T.V. (W.R.)</p>	<p>4 <i>Happy Birthday Catherine!</i> 10:00 R.C. Mass 10:30 Christmas Choir Practice (W.R.) 2:00 Exercises 6:00 Crafty Cronies</p>	<p>5</p> <p>1:30 Presbyterian Church 2:00 Mind Matters (2nd)</p>	<p>6 <i>Library Day</i></p> <p>2:00 2nd Floor Christmas Party (Chapel)</p> 	<p>7</p> <p>2:00 Visit from the Girl Guides (Chapel)</p>
<p>8</p> <p>10:00 R.C. Mass 2:00 Art Expression (W.R.)</p> <p><i>MENU WEEK 2</i></p>	<p>9</p> <p>11-2 Shopping Trip (Please sign up with Recreation) 6:00 Christmas Hymns & Songs (6th)</p>	<p>10</p> <p>10:30 Standing Exercises 1:30 Anglican Church 6:00 Lights Tour (Please sign up with Rec)</p>	<p>11</p> <p>10:00 R.C. Mass 10:30 Christmas Choir Practice (W.R.)</p>	<p>12</p> <p>10:30 Exercises 1:30 United Church 6:00 Christmas Wheel of Fortune (W.R.)</p>	<p>13</p> <p>2:00 Visit from Philipino Association of NS (Chapel)</p>	<p>14</p> <p>2:00 Music with Peggy Gillis (Chapel)</p>
<p>15</p> <p>2:00 Cookie Decorating (W.R.)</p> <p><i>MENU WEEK 3</i></p>	<p>16 <i>Happy Birthday Jorge!</i> 10:30 Music & Movement (Chapel) 2:00 Christmas Choir Performance (Chapel) 6:00 Christmas Hymns & Songs (2nd)</p>	<p>17</p> <p>10:30 Standing Exercises 6:00 Lights Tour (Please sign up with Rec)</p>	<p>18</p> <p>10:00 R.C. Mass</p>	<p>19</p> <p>10:00 Visit from Lemarchand Gr. 4/5 Class (W.R.) 2:00 Christmas Craft</p>	<p>20</p> <p>10:00 Visit from the Daycare (W.R.)</p>	<p>21</p> <p>2:00 Music with Piano Mama & Mixed Bags (Chapel)</p>
<p>22</p> <p>10:00 R.C. Mass</p> <p><i>MENU WEEK 4</i></p>	<p>23</p> <p>10:30 Fancy Nails</p>	<p>24 Christmas Eve 10:00 Eggnog & Cookies (All floors) 1:30 Carol Sing & Christmas Mass <i>Marisa Off</i></p>	<p>25</p>  <p><i>No Recreation Staff Today</i></p>	<p>26 Boxing Day</p>  <p><i>No Recreation Staff Today</i></p>	<p>27</p> <p>10:30 Christmas Carols</p>	<p>28</p>  <p><i>No Recreation Staff Today</i></p>
<p>29</p> <p>1:30 Christmas Movie (W.R.)</p> <p><i>MENU WEEK 1</i></p>	<p>30</p> <p>6:00 Christmas Hymns & Songs (3rd)</p>	<p>31 New Year's Eve 10:00 R.C. Mass 10:30 Exercises 2:00 Music with Melanie Breen (Chapel)</p>	<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *W.R. stands for Windsor Room *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>		<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Tablet Games -Music on an iPod -Outside strolls -Puzzles/Games -Letter/Mail Assistance <p>(See recreation staff on your floor to access these activities)</p>	