








# Therapeutics Calendar December 2019 → 4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>10:30 Decorate the Tree</p> <p><i>MENU WEEK 1</i></p>	<p>2</p> <p>2:00 Tree Lighting (W.R.)</p> <p>6:00 Christmas Hymns &amp; Songs (5th)</p>	<p>3</p> <p>2:00 Visit from Nashwaak Farm (W.R.)</p> <p>6:00 Christmas T.V. (W.R.)</p>	<p>4</p> <p>10:00 R.C. Mass</p> <p>10:30 Christmas Choir Practice (W.R.)</p> <p>6:00 Crafty Cronies</p>	<p>5</p> <p>10:30 Exercises</p> <p>1:30 Presbyterian Church</p> <p>2:00 Mind Matters (2nd)</p>	<p>6</p> <p><i>Library Day</i></p> 	<p>7</p> <p>2:00 Visit from the Girl Guides (Chapel)</p>
<p>8</p> <p>10:00 R.C. Mass</p> <p>2:00 Art Expression (W.R.)</p> <p><i>MENU WEEK 2</i></p>	<p>9</p> <p>11-2 Shopping Trip (Please sign up with Recreation)</p> <p>6:00 Christmas Hymns &amp; Songs (6th)</p>	<p>10</p> <p>10:30 Standing Exercises</p> <p>1:30 Anglican Church</p> <p>6:00 Lights Tour (Please sign up with Rec)</p>	<p>11</p> <p>10:00 R.C. Mass</p> <p>10:30 Christmas Choir Practice (W.R.)</p> <p>2:00 Exercises</p>	<p>12</p> <p>1:30 United Church</p> <p><b>2:00 4<sup>th</sup> Floor Christmas Party (W.R.)</b></p> <p>6:00 Christmas Wheel of Fortune (W.R.)</p>	<p>13</p> <p>2:00 Visit from Philipino Association of NS (Chapel)</p>	<p>14</p> <p>2:00 Music with Peggy Gillis (Chapel)</p>
<p>15</p> <p>10:30 Exercises</p> <p>2:00 Cookie Decorating (W.R.)</p> <p><i>MENU WEEK 3</i></p>	<p>16</p> <p>10:30 Music &amp; Movement (Chapel)</p> <p>2:00 Christmas Choir Performance (Chapel)</p> <p>6:00 Christmas Hymns &amp; Songs (2nd)</p>	<p>17</p> <p>10:30 Standing Exercises</p> <p>6:00 Lights Tour (Please sign up with Rec)</p>	<p>18</p> <p>10:00 R.C. Mass</p> <p>2:30 Carols with Paige</p>	<p>19</p> <p>10:00 Visit from Lemarchand Gr. 4/5 Class (W.R.)</p>	<p>20</p> <p>10:15 Christmas Craft</p>	<p>21</p> <p>2:00 Music with Piano Mama &amp; Mixed Bags (Chapel)</p>
<p>22</p> <p>10:00 R.C. Mass</p> <p>1:30 Fancy Nails</p> <p><i>MENU WEEK 4</i></p>	<p>23</p> 	<p>24 <b>Christmas Eve</b></p> <p>10:00 Eggnog &amp; Cookies (All floors)</p> <p>1:30 Carol Sing &amp; Christmas Mass</p> <p><i>Marisa Off</i></p>	<p>25</p>  <p><i>No Recreation Staff Today</i></p>	<p>26</p> <p><b>Boxing Day</b></p>  <p><i>No Recreation Staff Today</i></p>	<p>27</p> <p>1:30 Christmas Carols</p>	<p>28</p>  <p><i>No Recreation Staff Today</i></p>
<p>29</p> <p>1:30 Christmas Movie (W.R.)</p> <p><i>MENU WEEK 1</i></p>	<p>30</p> <p>1:30 Exercises</p> <p>6:00 Christmas Hymns &amp; Songs (3rd)</p>	<p>31 <b>New Year's Eve</b></p> <p>10:00 R.C. Mass</p> <p>2:00 Music with Melanie Breen (Chapel)</p>	<p>*All programs without a floor number are on-unit in the lounge</p> <p>*All church services and standing exercises are in the Chapel</p> <p>*W.R. stands for Windsor Room</p> <p>*Programs are subject to change, please see on-unit whiteboard each day for program information</p> <p>*Please visit <a href="http://www.svn.ca">www.svn.ca</a> for building-wide programs and printable calendars</p>		<p><b>Leisure activities are available upon request for example:</b></p> <ul style="list-style-type: none"> <li>-Coloring/Painting</li> <li>-Tablet Games</li> <li>-Music on an iPod</li> <li>-Outside strolls</li> <li>-Puzzles/Games</li> <li>-Letter/Mail Assistance</li> </ul> <p>(See recreation staff on your floor to access these activities)</p>	