Therapeutics Calendar—December 2022

5th Floor

Therapeacies Calendar December 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
NEW Music Therapist, Darrel, works Mondays and Thursdays *RC stands for Roman Catholic *All programs without a floor number are on-unit in the dining room *All church services, standing exercises are in the Chapel *There will be NO communion served at this time *Programs are subject to change, please see on-unit whiteboard each day for program information **Please visit www.svnh.ca for building-wide programs and printable calendars			Leisure activities are available upon request, for example:	1 Handout Calendars1:30 Presbyterian Church	2 Library Day	3 2:00 Music with Larry (Chapel)
4 10:00 Sing a Long MENU WEEK 4	5 2:00 Washer Toss Happy Birthday Rhoda!	6 10:15 Standing Exercises 12:30 Christmas Shopping Trip 6:00 Music with Brian (Chapel)	7 10:00 RC Church 2:00 Holiday Craft PM—Pet Therapy	1:30 United Church 6:00 Lights Tour (Please sign up with Recreation)	9 10:15 Exercises	10 2:00 Music with Trilites (Chapel)
11 2:00 Holiday Tea MENU WEEK 1	12	13 10:15 Standing Exercises 6:00 Visit with Scouts (5th Floor) Happy Birthday Fred!	14 10:00 RC Church 6:00 Music with Quadrangles (Chapel)	15 10:15 Exercises 1:30 Anglican Church	16 2:00 Bingo (W.R.)	17 2:00 Music with Dan (Chapel) Happy Birthday David!
1:30 Salvation Army Christmas Caroling MENU WEEK 2	19 Hanukkah Marisa Off	2:00 5th Floor Christmas Party 6:00 Lights Tour (Please sign up with Recreation)	21 Winter Begins 10:00 RC Church PM—Pet Therapy	22 10:00 Name That Holiday Tune 2:00 Holiday Wheel of Fortune	23 1:30 Christmas Service	24 Christmas Eve 10:00 Eggnog & Cookies Roving Cart
25 Christmas Day No Recreation Today MENU WEEK 3	26 Boxing Day No Recreation or Music Therapy Today	27 Marisa Off	28 2:00 Bowling	29 10:15 Exercises	30 10:00 RC Church 2:00 Music with Melanie Breen	31 New Years Eve 1:30 Bubbly Roving Cart