



# Therapeutics Calendar – February 2nd Floor

Sun Mon Tue Wed Thu Fri Sat

1  MENU WEEK 1	2 5:45 Creative Expression <i>Happy Birthday Dolly!</i>	3 2:00 Move to Music <i>Happy Birthday Aubrey!</i>	4 10:00 RC Church 2:00 Tea Social	5 Morning Friendly Visits 2:00 Olympic Flag Creation	6 Morning Fancy Nails 2:00 SVNH's Winter Olympics Opening Ceremony (Chapel) 	7 2:00 Music with Brian
8  MENU WEEK 2	9 2:00 Curling 	10 10:00 Standing Exercises (Chapel) 1:30 Resident Council Meeting (Chapel) 5:45 Crafty Cronies (W.R.) <i>Happy Birthday Karen!</i>	11 10:00 RC Church	12 10:15 Tea & Talk 1:30 United Church 2:30 Hockey	13 10:15 Finishing Lines <b>1:30-3:30 Vinnie's Café (W.R.)</b>	14 <i>Valentine's Day</i>  2:00 Music with Larry
15  MENU WEEK 3	16 <i>Nova Scotia Heritage Day</i> 	17 10:00 Standing Exercises (Chapel) 2:00 Olympic Trivia	18 10:00 RC Church	19 Morning Fancy Nails 1:30 Anglican Church 2:30 Puzzle Races	20 <b>Library Day</b> 2:00 SVNH's Winter Olympics Closing Ceremony (W.R.) 	21 2:00 Music with Emily
22  MENU WEEK 4	23 1:30 Resident & Family Centered Care Meeting (Chapel) 4:30 Dining In (all floors—sign up with Recreation)	24 10:00 Standing Exercises (Chapel) 1:45 Social Connections (W.R.)	25 10:00 RC Church	26 <i>Therapeutic Recreation Month Activity</i> 1:30 Bus Ride (all floors—sign up with Recreation) 2:00 Balloon Ball	27 Morning Friendly Visits 2:00 Bingo (W.R.)	28 2:00 Concerts in Care

\*R.C. stands for Roman Catholic.

\*W.R. stands for Windsor Room on 1st floor.

\*All programs without a floor number are on-unit in the dining room.

\*Programs are subject to change, please see on-unit whiteboard daily for program information.

\*Please visit [www.svnh.ca](http://www.svnh.ca) for building-wide programs and printable calendars.

