



Therapeutics Calendar — February 3rd Floor

Sun

Mon











Tue

Wed

Thu

Fri

Sat

1  MENU WEEK 1	2 1:30 Golden Music Hour	3  MENU WEEK 1	4 10:00 RC Church 2:00 Tea Social	5 10:15 Exercises 2:00 Olympic Flag Creation	6 2:00 SVNH's Winter Olympics Opening Ceremony (Chapel) 	7 2:00 Music with Brian <i>Happy Birthday Vera!</i>
8  MENU WEEK 2	9 1:30 Hockey 	10 10:00 Standing Exercises (Chapel) 1:30 Resident Council Meeting (Chapel) 5:45 Crafty Cronies (W.R.)	11 10:00 RC Church 2:00 Curling 	12 10:15 Exercises 1:30 United Church	13 1:30-3:30 Vinnie's Café (W.R.) 2:00 Fresh Bread	14 <i>Valentine's Day</i>  2:00 Music with Larry
15  MENU WEEK 3	16 <i>Nova Scotia Heritage Day</i> 	17 10:00 Standing Exercises (Chapel) 2:00 Olympic Trivia	18 10:00 RC Church 2:00 Puzzle Races	19 10:15 Exercises 1:30 Anglican Church 2:00 Balloon Ball	20 Library Day 2:00 SVNH's Winter Olympics Closing Ceremony (W.R.) 	21 2:00 Music with Emily
22  MENU WEEK 4	23 1:30 Resident & Family Centered Care Meeting (Chapel) 4:30 Dining In (all floors—sign up with Recreation)	24 10:00 Standing Exercises (Chapel) 1:45 Social Connections (W.R.) 2:00 Canteen Cart	25 10:00 RC Church 10:15 Exercises	26 <i>Therapeutic Recreation Month Activity</i> 1:30 Bus Ride (all floors—sign up with Recreation) 2:00 Bowling <i>Happy Birthday Lillian!</i>	27 2:00 Bingo (W.R.)	28 2:00 Concerts in Care

*R.C. stands for Roman Catholic.

*W.R. stands for Windsor Room on 1st floor.

*All programs without a floor number are on-unit in the dining room.

*Programs are subject to change, please see on-unit whiteboard daily for program information.

*Please visit www.svnh.ca for building-wide programs and printable calendars.

