



Therapeutics Calendar – February 4th Floor

Sun Mon Tue Wed Thu Fri Sat

1 	2 5:45 Balloon Ball	3 2:00 Wheel of Fortune	4 10:00 RC Church	5 Morning Friendly Visits 2:00 Olympic Flag Creation	6 10:15 VR Visits 2:00 SVNH's Winter Olympics Opening Ceremony (Chapel) <i>Happy Birthday Colleen!</i>	7 
MENU WEEK 1						
8 	9 2:30 Hockey	10 10:00 Standing Exercises (Chapel) 1:30 Resident Council Meeting (Chapel) 2:00 Jeopardy 5:45 Crafty Cronies (W.R.) <i>Happy Birthday Carol!</i>	11 10:00 RC Church 	12 10:15 Trivia 1:30 United Church 2:30 Curling	13 Morning Friendly Visits 1:30-3:30 Vinnie's Café (W.R.) <i>Happy Birthday Muriel!</i>	14 <i>Valentine's Day</i> 
MENU WEEK 2						
15 	16 Nova Scotia Heritage Day 	17 10:00 Standing Exercises (Chapel) 5:45 Puzzle Races Kai Off	18 10:00 RC Church  Kai Off	19 10:15 Olympic Trivia 1:30 Anglican Church Kai Off	20 <i>Library Day</i> 10:30 Bean Bag Toss 2:00 SVNH's Winter Olympics Closing Ceremony (W.R.) 	21 2:00 Music with Emily
MENU WEEK 3						
22 	23 1:30 Resident & Family Centered Care Meeting (Chapel) Afternoon Cards with Kai 4:30 Dining In (all floors—sign up with Recreation)	24 10:00 Standing Exercises (Chapel) 1:45 Social Connections (W.R.) 5:45 Bowling	25 10:00 RC Church 2:00 Price is Right	26 <i>Therapeutic Recreation Month Activity</i> 1:30 Bus Ride (all floors—sign up with (Recreation))	27 Morning Friendly Visits Morning Fancy Nails 4 2:00 Bingo (W.R.) Kai Off	28 2:00 Concerts in Care
MENU WEEK 4						

*R.C. stands for Roman Catholic.

*W.R. stands for Windsor Room on 1st floor.

*All programs without a floor number are on-unit in the dining room.

*Programs are subject to change, please see on-unit whiteboard daily for program information.

*Please visit www.svnh.ca for building-wide programs and printable calendars.

