



Therapeutics Calendar – February 5th Floor

Sun Mon Tue Wed Thu Fri Sat

1  MENU WEEK 1	2 	3 Morning Friendly Visits	4 10:00 RC Church 2:00 Move to Music	5 10:00 VR Visits 2:00 Olympic Flag Creation	6 10:00 Tea & Talk 2:00 SVNH's Winter Olympics Opening Ceremony (Chapel) 	7 2:00 Music with Brian
8  MENU WEEK 2	9 1:30 Golden Music Hour 5:45 Hockey 	10 10:00 Standing Exercises (Chapel) 1:30 Resident Council Meeting (Chapel) 5:45 Crafty Cronies (W.R.)	11 10:00 RC Church	12 1:30 United Church	13 10:15 Finishing Lines 1:30-3:30 Vinnie's Café (W.R.) 1:30 Curling	14 <i>Valentine's Day</i>  2:00 Music with Larry
15  Happy Birthday Jean H! MENU WEEK 3	16 Nova Scotia Heritage Day 	17 10:00 Standing Exercises (Chapel)	18 10:00 RC Church 10:30 Puzzle Races	19 10:15 Olympic Trivia 1:30 Anglican Church	20 Library Day 10:15 Exercise 2:00 SVNH's Winter Olympics Closing Ceremony (W.R.)  Happy Birthday Marilyn!	21 2:00 Music with Emily
22  Happy Birthday Dawn! MENU WEEK 4	23 1:30 Resident & Family Centered Care Meeting (Chapel) 4:30 Dining In (all floors—sign up with Recreation)	24 10:00 Standing Exercises (Chapel) 1:45 Social Connections (W.R.) 2:00 Move to Music	25 10:00 RC Church 2:00 Creative Expression	26 Therapeutic Recreation Month Activity 1:30 Bus Ride (all floors—sign up with Recreation)	27 10:00 Tea & Talk 2:00 Bingo (W.R.)	28 2:00 Concerts in Care

*R.C. stands for Roman Catholic.

*W.R. stands for Windsor Room on 1st floor.

*All programs without a floor number are on-unit in the dining room.

*Programs are subject to change, please see on-unit whiteboard daily for program information.

*Please visit www.svnh.ca for building-wide programs and printable calendars.

