



Therapeutics Calendar — February 6th Floor

Sun

Mon


Tue

Wed

Thu

Fri

Sat

1  Happy Birthday Cheryl! MENU WEEK 1	2 5:45 Washer Toss	3 	4 10:00 RC Church	5 Morning Fancy Nails 2:00 Olympic Flag Creation	6 2:00 SVNH's Winter Olympics Opening Ceremony (Chapel) 	7 2:00 Music with Brian
8  MENU WEEK 2	9 5:45 Curling	10 10:00 Standing Exercises (Chapel) 1:30 Resident Council Meeting (Chapel) 2:00 Tea Trolley 5:45 Crafty Cronies (W.R.)	11 10:00 RC Church 2:00 Hockey	12 10:15 Finishing Lines 1:30 United Church	13 Morning VR Visits 1:30-3:30 Vinnie's Café (W.R.)	14 <i>Valentine's Day</i>  2:00 Music with Larry
15  MENU WEEK 3	16 Nova Scotia Heritage Day 	17 10:00 Standing Exercises (Chapel) 2:00 Puzzle Races	18 10:00 RC Church 2:00 Olympic Trivia	19 1:30 Anglican Church 2:00 Wheel of Fortune	20 <i>Library Day</i> Morning Fancy Nails 2:00 SVNH's Winter Olympics Closing Ceremony (W.R.) 	21 2:00 Music with Emily
22  MENU WEEK 4	23 1:30 Resident & Family Centered Care Meeting (Chapel) 1:30 Golden Music Hour 4:30 Dining In (all floors—sign up with Recreation)	24 10:00 Standing Exercises (Chapel) 1:45 Social Connections (W.R.) 5:45 Balloon Ball	25 10:00 RC Church Afternoon Sundaes	26 <i>Therapeutic Recreation Month Activity</i> 1:30 Bus Ride (all floors—sign up with Recreation)	27 2:00 Bingo (W.R.)	28 2:00 Concerts in Care <i>Happy Birthday Carolyn C and Julie !</i>

*R.C. stands for Roman Catholic.

*W.R. stands for Windsor Room on 1st floor.

*All programs without a floor number are on-unit in the dining room.

*Programs are subject to change, please see on-unit whiteboard daily for program information.

*Please visit www.svnh.ca for building-wide programs and printable calendars.

