



Therapeutics Calendar January 2022 → 3rd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*Please note that at time of print, ALL programs will take place on unit due to restrictions in place. *Programs are subject to change, please see on-unit whiteboard each day for program information **Please visit www.svnh.ca for building-wide programs and printable calendars</p>						<p>1 Happy New Year! <i>Happy Birthday Georgina!</i> No Recreation Today</p>
<p>2 AM—Handing out calendars</p>	<p>3 No Recreation Today</p>	<p>4 2:00 One to One Visits</p>	<p>5 2:00 Travelogue</p>	<p>6</p>	<p>7 <i>Library Day</i> 10:15 Exercises 2:00 Fresh Bread</p>	<p>8 2:00 Wheel of Fortune <i>Happy Birthday Barb and Joan!</i></p>
<p>9 MENU WEEK 1</p>	<p>10 2:00 Finishing Lines <i>Happy Birthday Gloria!</i></p>	<p>11 10:15 Exercises 2:00 One to One Visits</p>	<p>12</p>	<p>13</p>	<p>14 10:15 Exercises 2:00 Canteen Cart <i>Happy Birthday Helen!</i></p>	<p>15 2:00 Music One to Ones</p>
<p>16 MENU WEEK 2</p>	<p>17 2:00 Fancy Nails</p>	<p>18 10:15 Exercises 2:00 One to One Visits</p>	<p>19 2:00 Floor Hockey</p>	<p>20 Music Therapy 1:1s Today</p>	<p>21 10:15 Exercises 2:00 Wheel of Fortune</p>	<p>22</p>
<p>23 MENU WEEK 3</p>	<p>24 1:30 Resident & Family Centered Care Meeting 6:00 Movie Night</p>	<p>25 10:15 Exercises</p>	<p>26 2:00 Craft</p>	<p>27 2:00 Virtual Resident Council Meeting Music Therapy 1:1s Today <i>Happy Birthday Margaret!</i></p>	<p>28 <i>Library Day</i> 10:15 Exercises 2:00 Fresh Bread</p>	<p>29</p>
<p>30 MENU WEEK 4</p>	<p>31 2:00 Colouring</p>				<p>Leisure activities are available upon request, for example: -Coloring/Puzzles/Games -Tablet Games -Music on an iPod (Please see recreation staff on your floor)</p>	