



Therapeutics Calendar January 2022 → 6th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*Please note that at time of print, ALL programs will take place on unit due to restrictions in place. *Programs are subject to change, please see on-unit whiteboard each day for program information **Please visit www.svnh.ca for building-wide programs and printable calendars</p>						<p>1 Happy New Year!</p> <p><i>No Recreation Today</i></p>
<p>2 AM—Handing out calendars 2:00 One to One Visits</p> <p>MENU WEEK 4</p>	<p>3</p> <p><i>No Recreation Today</i></p>	<p>4</p> <p>6:00 Fancy Nails</p>	<p>5</p>	<p>6</p> <p>10:15 Exercises 2:00 News & Views</p>	<p>7 <i>Library Day</i></p>	<p>8</p>
<p>9</p> <p>10:00 TV Church 2:00 Canteen Cart</p> <p>MENU WEEK 1</p>	<p>10</p> <p>Music Therapy 1:1s Today</p>	<p>11</p> <p>2:00 Music One to Ones 6:00 Finishing Lines</p>	<p>12</p> <p>2:00 Balloon Ball</p>	<p>13</p> <p>10:15 Exercises 2:00 Colouring</p>	<p>14</p>	<p>15</p>
<p>16</p> <p>10:00 TV Church 2:00 Travelogue</p> <p>MENU WEEK 2</p>	<p>17</p>	<p>18</p> <p>2:00 Wheel of Fortune 6:00 Movie Night</p>	<p>19</p> <p>10:30 Hand Massages</p>	<p>20</p> <p>10:15 Exercises 2:00 One to One Visits</p>	<p>21</p>	<p>22</p>
<p>23</p> <p>10:00 TV Church 2:00 Balloon Ball</p> <p>MENU WEEK 3</p>	<p>24</p> <p>1:30 Resident & Family Centered Care Meeting</p>	<p>25</p> <p>2:00 Craft 6:00 One to One Visits</p>	<p>26</p>	<p>27</p> <p>10:15 Exercises 2:00 Virtual Resident Council Meeting</p>	<p>28 <i>Library Day</i></p>	<p>29</p> <p>2:00 Tea Social</p>
<p>30</p> <p>10:00 TV Church 2:00 Canteen Cart</p> <p>MENU WEEK 4</p>	<p>31</p> <p>Music Therapy 1:1s Today</p>				<p>Leisure activities are available upon request, for example:</p> <ul style="list-style-type: none"> -Coloring/Puzzles/Games -Tablet Games -Music on an iPod <p>(Please see recreation staff on your floor)</p>	