



# Therapeutics Calendar—January → 5th Floor

**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

<p>*R.C. stands for Roman Catholic.          *W.R. stands for Windsor Room on 1st floor.          *All programs without a floor number are on-unit in the dining room.          *Programs are subject to change, please see on-unit whiteboard daily for program information.          *Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs and printable calendars.</p>						<p>1</p>	<p>2</p>	<p>3</p>
<p>4</p>  <p><b>MENU WEEK 1</b></p>	<p>5</p> <p>5:45 Bowling</p> <p><i>Happy Birthday Elizabeth!</i></p>	<p>6</p> <p>10:00 Standing Exercises (Chapel)</p> <p>5:45 Music with Pearse</p>	<p>7</p> <p>10:00 RC Church</p> <p>2:00 Creative Expression</p>	<p>8</p> <p>10:30 Finishing Lines</p> <p>1:30 United Church</p>	<p>9</p> <p><i>Library Day</i></p> <p>2:00 Bingo (5th Floor)</p> <p><i>Happy Birthday Therese!</i></p>	<p>10</p> <p>2:00 Music with Katelyn</p>		
<p>11</p>  <p><b>MENU WEEK 2</b></p>	<p>12</p> <p>2:00 Music with Andy (Chapel)</p>	<p>13</p> <p>10:00 Standing Exercises (Chapel)</p> <p>1:30 Resident Council Meeting (Chapel)</p>	<p>14</p> <p>10:00 RC Church</p> <p>2:00 Wheel of Fortune</p>	<p>15</p> <p>10:00 Baking (W.R.)</p> <p>1:30 Anglican Church</p> <p>2:30 Move to Music</p>	<p>16</p> <p>Vinnie's Café</p> <p>Open 1:30-3:30 (W.R.)</p> <p>1:30 Bus Ride (all floors - sign up with Recreation)</p> <p>Afternoon Friendly Visits</p>	<p>17</p> <p>2:00 Music with Bruce</p>		
<p>18</p>  <p><b>MENU WEEK 3</b></p>	<p>19</p> <p>2:00 Balloon Ball</p> <p>5:45 Crafty Cronies (W.R.)</p>	<p>20</p> <p>10:00 Standing Exercises (Chapel)</p> <p>2:00 Trivia</p>	<p>21</p> <p>10:00 RC Church</p> <p>2:00 Music with Pearse</p>	<p>22</p> <p>10:30 Bean Bag Toss</p>	<p>23</p> <p>Morning Friendly Visits</p> <p>2:00 Tea Social</p>	<p>24</p> <p>2:00 Music with Heather</p>		
<p>25</p>  <p><b>MENU WEEK 4</b></p>	<p>26</p> <p>1:30 Golden Music Hour</p> <p>1:30 Bus Ride (all floors - sign up with Recreation)</p> <p>5:45 Creative Expression (W.R.)</p>	<p>27</p> <p>10:00 Standing Exercises (Chapel)</p> <p>Morning Friendly Visits</p> <p>2:00 Mind Matters (2nd Floor)</p>	<p>28</p> <p>10:00 RC Church</p>	<p>29</p> <p>10:15 Exercises</p> <p>2:00 Jeopardy</p>	<p>30</p> <p><i>Library Day</i></p> <p>Morning VR Visits</p> <p>2:00 Bingo (W.R.)</p>	<p>31</p> <p>2:00 Music with Melanie</p>		