




Therapeutics Calendar—January 2024 → 2nd Floor

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|--|--|---|
|  HAPPY NEW YEAR | 1 New Years Day  No Recreation or Music Therapy Today | 2 <i>Handout Calendars</i> 6:00 Bowling <i>Happy Birthday Gary!</i> | 3 2:00 Wheel of Fortune | 4 Morning Friendly Visits <i>Happy Birthday Laura!</i> | 5 Library Day 2:00 Creative Expressions | 6  |
| 7 MENU WEEK 2 | 8 10:30 Music Therapy Group 2:00 Washer Toss | 9 2:00 Tea Social | 10  | 11 10:30 Music Therapy Group 2:00 Trivia | 12 1:30 Virtual Resident Council | 13  |
| 14  MENU WEEK 3 | 15 6:00 Balloon Ball | 16 10:15 Standing Exercises 2:00 Memory Lane | 17 10:00 RC Church | 18 Morning Friendly Visits 1:30 Anglican Church 2:30 Music Therapy Group | 19 2:00 Graphic Illustrations: Public Gardens (W.R.) | 20 2:00 Music with Brian |
| 21 Afternoon Canteen Cart MENU WEEK 4 | 22 1:30 Resident and Family Centered Care Amy G Off | 23 10:15 Standing Exercises 2:00 Balloon Ball Amy G Off | 24 10:00 RC Church 2:00 Creative Expressions | 25 10:30 Music Therapy Group | 26 Library Day 2:00 Bingo (W.R.) | 27 2:00 Music with Larry |
| 28  MENU WEEK 1 | 29 2:00 Tea Social 6:00 Crafty Cronies (W.R) | 30 10:15 Standing Exercises 2:00 Exercises | 31 10:00 RC Church 2:00 Mind Matters (2nd Floor) | *R.C. stands for Roman Catholic *W.R. stands for Windsor Room on 1st floor *All programs without a floor number are on-unit in the dining room *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information **Please visit www.svn.ca for building-wide | | |