

Therapeutics Calendar—January 2024 →3rd Floor



Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAPPY NEW YEAR	1 New Years Day Happy Birthday Georgina! No Recreation or Music Therapy Today	2 Hand Out Calendars	3	4 2:00 Fancy Nails	5 <i>Library Day</i> 2:00 Name That Tune	6 2:00 Washer Toss
7 10:30 Sunday Hymns MENU WEEK 2	8 10:30 Music Therapy Group Happy Birthday Joan & Barb I.!	9	10 2:00 Travelogue Happy Birthday Gloria!	11 Afternoon Friendly Visits	1:30 Virtual Resident Council	13
14	15	16	17	18	19	20
Morning Friendly Visits MENU WEEK 3	10:30 Music Therapy Group	10:15 Standing Exercises 2:00 Memory Lane	10:00 RC Church Afternoon Canteen Cart	1:30 Anglican Church 2:00 Exercises	2:00 Graphic Illustrations: Public Gardens (W.R.)	2:00 Music with Brian
21 MENU WEEK 4	22 1:30 Resident and Family Centered Care 2:00 Balloon Ball	23 10:15 Standing Exercises 2:00 Tea Social	24 10:00 RC Church	25	26 <i>Library Day</i> 2:00 Bingo (W.R.)	27 2:00 Music with Larry Happy Birthday Margaret!
28 MENU WEEK 1	29 10:30 Music Therapy Group 6:00 Crafty Cronies (W.R)	30 10:15 Standing Exercises 2:00 Exercises Evening Friendly Visits	31 10:00 RC Church 2:00 Mind Matters (2nd Floor)	*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on 1st floor *All programs without a floor number are on-unit in the dining room *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information **Please visit www.svnh.ca for building-wide		