










Therapeutics Calendar—January 2024 → 4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 1 New Years Day	 No Recreation or Music Therapy Today	2 Hand Out Calendars	3 Morning Friendly Visits	4 10:30 Finishing Lines 2:30 Music Therapy Group	5 <i>Library Day</i> <i>Happy Birthday Elizabeth!</i>	6 
7  MENU WEEK 2	8 2:30 Music Therapy Group	9 6:00 Bowling	10 10:15 Travelogue	11 Morning Friendly Visits	12 10:15 Exercises 1:30 Virtual Resident Council	13 
14 <i>Happy Birthday Dorothy!</i> MENU WEEK 3	15 2:00 Balloon Ball	16 10:15 Standing Exercises 2:00 Memory Lane	17 10:00 RC Church 2:00 Wheel of Fortune	18 10:30 Music Therapy Group 1:30 Anglican Church	19 10:15 Exercises 2:00 Graphic Illustrations: Public Gardens (W.R.)	20 2:00 Music with Brian
21  MENU WEEK 4	22 1:30 Resident and Family Centered Care 2:30 Music Therapy Group Amy G Off	23 10:15 Standing Exercises Amy G Off	24 10:00 RC Church 2:00 Exercises	25 	26 <i>Library Day</i> Morning Friendly Visits 2:00 Bingo (W.R.)	27 2:00 Music with Larry
28 Afternoon Canteen Cart MENU WEEK 1	29 2:00 Washer Toss 6:00 Crafty Cronies (W.R.)	30 10:15 Standing Exercises	31 10:00 RC Church 2:00 Mind Matters (2nd Floor)	<p>*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on 1st floor *All programs without a floor number are on-unit in the dining room *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information **Please visit www.svnh.ca for building-wide</p>		