









# Therapeutics Calendar—January 2024 → 5th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1 New Years Day</b>  No Recreation or Music Therapy Today	2 Hand Out Calendars	3 2:00 Exercises	4 10:30 Finishing Lines 2:30 Music Therapy Group	5 <i>Library Day</i>  <i>Happy Birthday Elizabeth!</i>	6 
7 Afternoon Canteen Cart  MENU WEEK 2	8 	9 2:00 Creative Expressions  <i>Happy Birthday Therese!</i>	10 	11 2:00 Wheel of Fortune	12 10:15 Exercises 1:30 Virtual Resident Council	13 
14  MENU WEEK 3	15 2:30 Music Therapy Group 6:00 Trivia	16 10:15 Standing Exercises 2:00 Memory Lane	17 10:00 RC Church	18 Morning Friendly Visits 1:30 Anglican Church	19 10:15 Exercises 2:00 Graphic Illustrations: Public Gardens	20 2:00 Music with Brian
21  MENU WEEK 4	22 1:30 Resident and Family Centered Care Evening Fancy Nails Amy G off	23 10:15 Standing Exercises  Amy G off	24 10:00 RC Church	25 10:15 Balloon Ball 2:30 Music Therapy Group <i>Happy Birthday Teresa!</i>	26 <i>Library Day</i> 2:00 Bingo (W.R.) <i>Happy Birthday Edith!</i>	27 2:00 Music with Larry
28  MENU WEEK 1	29 2:00 Tea Social 6:00 Crafty Cronies (W.R.). <i>Happy Birthday David!</i>	30 10:15 Standing Exercises 2:00 Bowling	31 10:00 RC Church 2:00 Mind Matters (2nd Floor)	<p>*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on 1st floor *All programs without a floor number are on-unit in the dining room *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information **Please visit <a href="http://www.svn.h.ca">www.svn.h.ca</a> for building-wide</p>		