










Therapeutics Calendar—January 2024 → 6th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Years Day  No Recreation or Music Therapy Today	2 Hand Out Calendars 	3 	4 10:30 Music Therapy Group 2:00 Tea Social	5 Library Day 10:15 Exercises	6 2:00 Finishing Lines
7 MENU WEEK 2	8 	9 2:00 Balloon Ball	10 2:00 Creative Expressions	11 Morning Fancy Nails 2:30 Music Therapy Group	12 10:15 Exercises 1:30 Virtual Resident Council	13 
14 Afternoon Canteen Cart MENU WEEK 3	15 Afternoon Friendly Visits	16 10:15 Standing Exercises 2:00 Memory Lane 6:00 Finishing Lines	17 10:00 RC Church	18 1:30 Anglican Church	19 10:15 Exercises 2:00 Graphic Illustrations: Public Gardens	20 2:00 Music with Brian
21 MENU WEEK 4	22 10:30 Music Therapy Group 1:30 Resident and Family Centered Care	23 10:15 Standing Exercises Evening Friendly Visits	24 10:00 RC Church	25 	26 Library Day 10:15 Exercises 2:00 Bingo (W.R.)	27 2:00 Music with Larry
28 10:00 Sunday Hymns MENU WEEK 1	29 Afternoon Friendly Visits 6:00 Crafty Cronies (W.R.)	30 10:15 Standing Exercises	31 10:00 RC Church 2:00 Mind Matters (2nd Floor)	*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on 1st floor *All programs without a floor number are on-unit in the dining room *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information **Please visit www.svnh.ca for building-wide		