





# Therapeutics Calendar — July → 2nd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on the 1st floor *All programs without a floor number are on-unit in the dining room *All church services, standing exercises, and Saturday music programs are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information			<b>1</b> Hand Out Calendars <b>Canada Day Roving Ice Cream Sundae Cart</b> 	<b>2</b> Morning Fancy Nails <b>Afternoon Strawberry Social Prep</b>	<b>3</b> <b>Afternoon: Roving Strawberry Cart</b>	<b>4</b> Morning Friendly Visits 2:00 Music with Tom
<b>5</b>  <b>MENU WEEK 3</b>	<b>6</b> 1:30 Resident Council (Chapel) 4:30 Dining In (sign up with Recreation) <b>Happy Birthday Janice!</b> <b>Happy Birthday Karen R.!</b>	<b>7</b> Morning Friendly Visits <b>World Chocolate Day</b> <b>Afternoon Roving Cart</b>	<b>8</b> 10:00 RC Church 1:30 Golden Music Hour	<b>9</b> 10:30 Move to Music (Chapel) 1:30 Presbyterian Church 1:30 Bus Ride (sign up with Recreation)	<b>10</b> <i>Amy G Off</i> 10:15 Social Connections (W.R.) 10:15 Bean Bag Toss 1:30 Public Gardens (Sign up with Recreation)	<b>11</b> Morning Friendly Visits 2:00 Music with Katelyn
<b>12</b>  <b>MENU WEEK 4</b>	<b>13</b> <i>Amy G Off</i> <b>Mocktail Monday: Afternoon Roving Cart</b> 5:45 Bonfire 	<b>14</b> <i>Amy G Off</i> 	<b>15</b> <i>Amy G Off</i> 10:00 RC Church <b>Afternoon Roving Ice Cream Cart</b> 5:45 Bowling	<b>16</b> <i>Amy G Off</i> Morning VR Visits 1:30 Anglican Church	<b>17</b> <i>Library Day</i> <i>Amy G off</i> 10:15 Colouring 1:30 Public Gardens (sign up with Recreation)	<b>18</b> 10:15 Hymn Sing 2:00 Music with Harrison
<b>19</b>  <b>MENU WEEK 1</b>	<b>20</b> 	<b>21</b> <b>National Junk Food Day</b> <b>Afternoon Roving Cart</b>	<b>22</b> Afternoon Garden Walks 	<b>23</b> 10:30 Move to Music (Chapel) <b>Thirsty Thursday</b> <b>Afternoon Roving Cart</b> 5:45 Balloon Ball	<b>24</b> International Self-Care Day! Morning Fancy Nails *Rain date for Public Gardens Trip*	<b>25</b> 10:15 Name That Tune 2:00 Music with Alex
<b>26</b>  <b>MENU WEEK 2</b>	<b>27</b> <b>Mocktail Monday: Afternoon Roving Cart</b> 	<b>28</b> 11:00 Garden Party 2:00 Creative Expression	<b>29</b> 10:00 RC Church <b>Afternoon Roving Ice Cream Cart</b> 2:00 Mind Matters (2nd Floor Dining Room) 6:00 Bag Piper (Garden)	<b>30</b> 10:30 Move to Music (Chapel) 1:30 Bus Ride (sign up with Recreation)	<b>31</b> Morning Garden Walks 2:00 Bingo (W.R.) 