



Therapeutics Calendar— March → 2nd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>1</p>  <p>MENU WEEK 1</p>	<p>2</p> <p>Hand Out Calendars</p> <p><i>Amy G off</i></p>	<p>3</p>  <p><i>Amy G off</i></p>	<p>4</p> <p>10:00 RC Church 2:00 Curling</p> <p><i>Amy G off</i></p>	<p>5</p> <p>2:00 Tea Social</p>	<p>6</p> <p>Morning Fancy Nails 2:00 Nutrition Bingo (W.R.)</p>	<p>7</p> <p>2:00 Music with Bruce</p>	
<p>8</p> <p>Daylight Saving Time</p>  <p>MENU WEEK 2</p>	<p>9</p> <p>Afternoon Friendly Visits 4:30 Dining In (sign up with Recreation)</p>	<p>10</p> <p>10:00 Standing Exercises 1:30 Resident Council Meeting (Chapel)</p> <p><i>Happy Birthday Susan!</i></p>	<p>11</p> <p>10:00 RC Church 1:30 Golden Music Hour</p>	<p>12</p> <p>10:00 Baking (W.R.) 2:00 Bean Bag Toss</p> <p><i>Happy Birthday Joan!</i></p>	<p>13</p> <p><i>Library Day</i></p> <p>Morning Fancy Nails 1:30-3:30 Vinnie's Café Open (W.R.) Afternoon Friendly Visits</p>	<p>14</p> <p>2:00 Music with Tom</p>	
<p>15</p>  <p>MENU WEEK 3</p>	<p>16</p> <p>10:00 Korean Church Afternoon Forever Fabulous Photos 2:00 Mind Matters (W.R.) 5:45 Creative Expression</p>	<p>17</p> <p>10:00 Standing Exercises 2:00 St. Patrick's Day Celebration (W.R.)</p> 	<p>18</p> <p>10:00 RC Church</p>	<p>19</p> <p>1:30 Anglican Church</p>	<p>20</p> <p><i>Spring Begins</i></p> <p>10:00 Balloon Ball 1:30 Bus Ride (sign up with Recreation)</p> <p><i>Amy G off</i></p> 	<p>21</p> <p>2:00 Music with Emily</p>	
<p>22</p>  <p>MENU WEEK 4</p>	<p>23</p> <p>10:00 Korean Church 2:00 Social Connections (W.R.) 5:45 Crafty Cronies (W.R.)</p>	<p>24</p> <p>10:00 Standing Exercises</p>	<p>25</p> <p>10:00 RC Church 10:30 Move to Music 2:00 Bowling</p>	<p>26</p> <p>10:15 Tea & Talk 1:30 Dollarama Trip (sign up with Recreation)</p>	<p>27</p> <p>Morning Friendly Visits 2:00 Bingo (W.R.)</p> 	<p>28</p> <p>2:00 Music with Heather</p>	
<p>29</p>  <p>MENU WEEK 1</p>	<p>30</p> <p>10:00 Korean Church 1:30 Resident & Family Centered Care Meeting (Chapel) 5:45 Creative Expressions</p>	<p>31</p> <p>10:00 Standing Exercises 5:45 Bowling</p>	<p>*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on the 1st floor *All programs without a floor number are on-unit in the dining room *All Church services, standing exercises, and Saturday music are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>				