



Therapeutics Calendar— March → 3rd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>MENU WEEK 1</p>	<p>2</p> <p>Hand Out Calendars Afternoon Friendly Visits</p>	<p>3</p>	<p>4</p> <p>10:00 RC Church 2:00 VR Visits</p>	<p>5</p> <p>10:15 Exercises</p>	<p>6</p> <p>Morning Fancy Nails 2:00 Nutrition Bingo (W.R.)</p>	<p>7</p> <p>2:00 Music with Bruce</p>
<p>8</p> <p>Daylight Saving Time</p> <p>MENU WEEK 2</p>	<p>9</p> <p>10:15 Finishing Lines Afternoon Friendly Visits 4:30 Dining In (sign up with Recreation)</p>	<p>10</p> <p>10:00 Standing Exercises 1:30 Resident Council Meeting (Chapel) 2:00 Balloon Ball</p>	<p>11</p> <p>10:00 RC Church 10:15 Exercises</p>	<p>12</p> <p>10:00 Baking (W.R.)</p>	<p>13</p> <p><i>Library Day</i> 1:30-3:30 Vinnie's Café Open (W.R.) 2:00 Bowling</p>	<p>14</p> <p>2:00 Music with Tom</p>
<p>15</p> <p>MENU WEEK 3</p>	<p>16</p> <p>10:00 Korean Church Afternoon Friendly Visits 2:00 Mind Matters (W.R.)</p>	<p>17</p> <p>10:00 Standing Exercises 2:00 St. Patrick's Day Celebration (W.R.)</p>	<p>18</p> <p>10:00 RC Church 2:00 Tea Social</p>	<p>19</p> <p>10:15 Exercises 1:30 Anglican Church 2:00 Fresh Bread</p>	<p>20</p> <p>Spring Begins 1:30 Bus Ride (sign up with Recreation)</p>	<p>21</p> <p>2:00 Music with Emily</p> <p><i>Happy Birthday Barb O!</i></p>
<p>22</p> <p>MENU WEEK 4</p>	<p>23</p> <p>10:00 Korean Church Afternoon Friendly Visits 2:00 Social Connections (W.R.) 5:45 Crafty Cronies (W.R.)</p>	<p>24</p> <p>10:00 Standing Exercises 2:00 Canteen Cart</p>	<p>25</p> <p>10:00 RC Church 10:15 Exercises 1:30 Golden Music Hour</p> <p><i>Happy Birthday Rose!</i></p>	<p>26</p> <p>Morning Friendly Visits 1:30 Dollarama Trip (sign up with Recreation)</p>	<p>27</p> <p>2:00 Bingo (W.R.)</p> <p>Amy P off</p>	<p>28</p> <p>2:00 Music with Heather</p>
<p>29</p> <p>MENU WEEK 1</p>	<p>30</p> <p>10:00 Korean Church 1:30 Resident & Family Centered Care Meeting (Chapel) Afternoon Friendly Visits</p>	<p>31</p> <p>10:00 Standing Exercises Afternoon Forever Fabulous Photos</p>	<p>*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on the 1st floor *All programs without a floor number are on-unit in the dining room *All Church services, standing exercises, and Saturday music are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>			