



# Therapeutics Calendar— March → 5th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>  <b>MENU WEEK 1</b>	<b>2</b> Hand Out Calendars 5:45 Move to Music  <i>Amy G off</i>	<b>3</b>  <i>Amy G off</i>	<b>4</b> 10:00 RC Church 1:30 Golden Music Hour  <i>Amy G off</i>	<b>5</b> Afternoon Friendly Visits	<b>6</b> 10:00 Tea Social 2:00 Nutrition Bingo (W.R.)	<b>7</b> 2:00 Music with Bruce  <i>Happy Birthday Jean A!</i>
<b>8</b> Daylight Saving Time  <b>MENU WEEK 2</b>	<b>9</b> 2:00 Balloon Ball 4:30 Dining In (sign up with Recreation)	<b>10</b> 10:00 Standing Exercises 1:30 Resident Council Meeting (Chapel) Afternoon Art Visits	<b>11</b> 10:00 RC Church 2:00 Bowling	<b>12</b> Morning Friendly Visits 10:00 Baking (W.R.)	<b>13</b> Library Day 1:30-3:30 Vinnie's Café Open (W.R.) 2:00 Move to Music	<b>14</b> 2:00 Music with Tom
<b>15</b>  <b>MENU WEEK 3</b>	<b>16</b> 10:00 Korean Church 2:00 Mind Matters (W.R.) 5:45 Move to Music	<b>17</b> 10:00 Standing Exercises 2:00 St. Patrick's Day Celebration (W.R.) 	<b>18</b> 10:00 RC Church 10:15 Trivia 2:00 Curling  <i>Happy Birthday Jean B!</i>	<b>19</b> 10:15 Tea & Talk 1:30 Anglican Church	<b>20</b> Spring Begins 10:00 Wheel of Fortune 1:30 Bus Ride (sign up with Recreation) <i>Amy G off</i> 	<b>21</b> 2:00 Music with Emily
<b>22</b>  <b>MENU WEEK 4</b>	<b>23</b> 10:00 Korean Church 2:00 Social Connections (W.R.) 2:00 Balloon Ball 5:45 Crafty Cronies (W.R.)	<b>24</b> 10:00 Standing Exercises Afternoon Forever Fabulous Photos	<b>25</b> 10:00 RC Church	<b>26</b> Morning Friendly Visits 1:30 Dollarama Trip (sign up with Recreation)	<b>27</b> 10:15 Finishing Lines 2:00 Bingo (W.R.) 	<b>28</b> 2:00 Music with Heather
<b>29</b>  <b>MENU WEEK 1</b>	<b>30</b> 10:00 Korean Church 1:30 Resident & Family Centered Care Meeting (Chapel) 2:00 Move to Music	<b>31</b> 10:00 Standing Exercises Afternoon Art Visits	*R.C. stands for Roman Catholic *W.R. stands for Windsor Room on the 1st floor *All programs without a floor number are on-unit in the dining room *All Church services, standing exercises, and Saturday music are in the Chapel *Programs are subject to change, please see on-unit whiteboard daily for program information *Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs and printable calendars			