





Therapeutics Calendar November 2019 → 2nd Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *W.R. stands for Windsor Room *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars			Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		1	2
3 <i>Daylight Savings Ends</i> *Change clocks back 1 hour* 2:00 Art Expression (W.R.) <i>MENU WEEK 1</i>	4 2:00 Massages (All floors) 6:00 Hymn Sing (2nd)	5 10:30 Standing Exercises 2:00 Mind Matters (2nd) 6:00 Bowling (W.R.)	6 10:00 R.C. Mass 10:30 Exercises 2:00 Christmas Choir Meet & Greet (4th) 6:00 Crafty Cronies	7 2:00 Tea Social	8 10:00 Visit from the Daycare (W.R.)	9  <i>No Recreation Staff Today</i>
10 <i>MENU WEEK 2</i>	11 Remembrance Day 1:30 Remembrance Day Service with Music by Patsy (Chapel)	12 10:30 Standing Exercises 1:30 Anglican Church Service 6:00 Classic TV (W.R.)	13 10:00 R.C. Mass 10:45 Music Therapy 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies	14 10:30 Exercises 1:30 United Church Service 2:00 Mind Matters (2nd) 6:00 Bocce (2nd)	15 <i>Library Day</i> 10:30 Surprise Event for Residents, Family & Staff (Chapel)	16 2:00 Music with Dan (Chapel)
17 10:00 Communion Service 2:00 Art Expression (W.R.) <i>MENU WEEK 3</i>	18 10:30 Music & Movement (Chapel) 2:00 Bingo (W.R.) 6:00 Hymn Sing (3rd)	19 10:30 Standing Exercises 2:00 Music with Memory Lane (Chapel) 6:00 Bowling (W.R.)	20 10:00 R.C. Mass 6:00 Crafty Cronies	21 10:30 Exercises 2:00 Memorial Service	22 10:00 Visit from the Daycare (W.R.) 2:30 Tuck Cart	23 2:00 Music with the Silver and Gold Fiddlers (Chapel)
24 10:00 R.C. Mass 2:00 Floor Hockey (2nd) <i>MENU WEEK 4</i>	25 2:00 Residents Council (W.R.) 6:00 Christmas Hymn Sing (4th)	26 10:30 Standing Exercises 1:30 Fancy Nails 2:00 Resident Family Centered Care (Chapel) 6:00 Bingo (W.R.)	27 10:00 R.C. Mass 10:30 Exercises 2:00 Christmas Choir Practice (Chapel)	28 10:00 Scripture Group 2:00 Music with Greg and the Gang (Chapel)	29  9-1	30 2:00 Music and Song with Karlene Marie (Chapel)