





Therapeutics Calendar November 2019 → 4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *W.R. stands for Windsor Room *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars			Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		<i>1</i> 11:30 Men's Club (W.R.) 3:00 Exercises	<i>2</i> 2:00 Music with the Trilites (Chapel)
<i>3</i> Daylight Savings Ends *Change clocks back 1 hour* 2:00 Art Expression (W.R.) MENU WEEK 1	<i>4</i> 2:00 Massages (All floors) 6:00 Hymn Sing (2nd)	<i>5</i> 10:30 Standing Exercises 2:00 Mind Matters (2nd) 6:00 Bowling (W.R.)	<i>6</i> 10:00 R.C. Mass 2:00 Christmas Choir Meet & Greet (4th) 6:00 Crafty Cronies	<i>7</i> 10:30 Exercises 2:00 Tea Social	<i>8</i> 10:00 Visit from the Daycare (W.R.)	<i>9</i>  No Recreation Staff Today
<i>10</i> 10:30 Exercises MENU WEEK 2	<i>11</i> Remembrance Day 1:30 Remembrance Day Service with Music by Patsy (Chapel)	<i>12</i> 10:30 Standing Exercises 1:30 Anglican Church Service 2:00 Tuck Cart 6:00 Classic TV (W.R.)	<i>13</i> 10:00 R.C. Mass 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies	<i>14</i> 1:30 United Church Service 2:00 Mind Matters (2nd) 6:00 Bocce (2nd)	<i>15</i> Library Day 10:30 Surprise Event for Residents, Family & Staff (Chapel) 1:30 Exercises	<i>16</i> 2:00 Music with Dan (Chapel)
<i>17</i> 10:00 Communion Service 2:00 Art Expression (W.R.) MENU WEEK 3	<i>18</i> 10:30 Music & Movement (Chapel) 2:00 Bingo (W.R.) 6:00 Hymn Sing (3rd)	<i>19</i> 10:30 Standing Exercises 2:00 Music with Memory Lane (Chapel) 6:00 Bowling (W.R.)	<i>20</i> 10:00 R.C. Mass 2:30 Music Therapy 6:00 Crafty Cronies	<i>21</i> 2:00 Memorial Service	<i>22</i> 10:00 Visit from the Daycare (W.R.) 1:30 Exercises	<i>23</i> 2:00 Music with the Silver and Gold Fiddlers (Chapel)
<i>24</i> 10:00 R.C. Mass 2:00 Floor Hockey (2nd) MENU WEEK 4	<i>25</i> 2:00 Residents Council (W.R.) 6:00 Christmas Hymn Sing (4th)	<i>26</i> 10:30 Standing Exercises 2:00 Resident Family Centered Care (Chapel) 2:30 Fancy Nails 6:00 Bingo (W.R.)	<i>27</i> 10:00 R.C. Mass 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies	<i>28</i> 10:00 Scripture Group 2:00 Music with Greg and the Gang (Chapel)	<i>29</i>  FALL FAIR 9-1	<i>30</i> 2:00 Music and Song with Karlene Marie (Chapel)