





Therapeutics Calendar November 2019 → 5th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *W.R. stands for Windsor Room *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars</p>			<p>Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)</p>		1	2
<p>3 <i>Daylight Savings Ends</i> *Change clocks back 1 hour* 10:30 Exercises 2:00 Art Expression (W.R.) MENU WEEK 1</p>	<p>4 2:00 Massages (All floors) 6:00 Hymn Sing (2nd)</p>	<p>5 10:30 Standing Exercises 2:00 Mind Matters (2nd) 6:00 Bowling (W.R.)</p>	<p>6 10:00 R.C. Mass 2:00 Christmas Choir Meet & Greet (4th) 6:00 Crafty Cronies</p>	<p>7 10:30 Exercises</p>	<p>8 10:00 Visit from the Daycare (W.R.) 2:00 Tuck Cart</p>	<p>9  <i>No Recreation Staff Today</i></p>
<p>10 2:00 Floor Hockey (5th) MENU WEEK 2</p>	<p>11 Remembrance Day 1:30 Remembrance Day Service with Music by Patsy (Chapel)</p>	<p>12 10:30 Standing Exercises 1:30 Anglican Church 2:30 Tea Social 6:00 Classic TV (W.R.)</p>	<p>13 10:00 R.C. Mass 10:30 Exercises 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies</p>	<p>14 1:30 United Church Service 2:00 Mind Matters (2nd)</p>	<p>15 <i>Library Day</i> 10:30 Surprise Event for Residents, Family & Staff (Chapel)</p>	<p>16 2:00 Music with Dan (Chapel)</p>
<p>17 10:00 Communion Service 2:00 Art Expression (W.R.) MENU WEEK 3</p>	<p>18 10:30 Music & Movement (Chapel) 2:00 Bingo (W.R.) 6:00 Hymn Sing (3rd)</p>	<p>19 10:30 Standing Exercises 2:00 Music with Memory Lane (Chapel) 6:00 Bowling (W.R.)</p>	<p>20 10:00 R.C. Mass 6:00 Crafty Cronies</p>	<p>21 10:30 Exercises 2:00 Memorial Service</p>	<p>22 10:00 Visit from the Daycare (W.R.)</p>	<p>23 2:00 Music with the Silver and Gold Fiddlers (Chapel)</p>
<p>24 10:00 R.C. Mass MENU WEEK 4</p>	<p>25 2:00 Residents Council (W.R.) 3:30 Exercises 6:00 Christmas Hymn Sing (4th)</p>	<p>26 10:30 Standing Exercises 2:00 Resident Family Centered Care (Chapel) 2:30 Fancy Nails 6:00 Bingo (W.R.)</p>	<p>27 10:00 R.C. Mass 10:15 Music Therapy 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies</p>	<p>28 10:00 Scripture Group 2:00 Music with Greg and the Gang (Chapel) 6:00 Bocce (5th)</p>	<p>29  9-1</p>	<p>30 2:00 Music and Song with Karlene Marie (Chapel)</p>