





Therapeutics Calendar November 2019 → 6th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *W.R. stands for Windsor Room *Programs are subject to change, please see on-unit whiteboard each day for program information *Please visit www.svnh.ca for building-wide programs and printable calendars			Leisure activities are available upon request for example: -Coloring/Painting -Outside strolls -Tablet Games -Puzzles/Games -Music on an iPod -Letter/Mail Assistance (See recreation staff on your floor to access these activities)		1	2
3 Daylight Savings Ends *Change clocks back 1 hour* 10:30– Exercises 2:00 Art Expression (W.R.) MENU WEEK 1	4 2:00 Massages (All floors) 6:00 Hymn Sing (2nd) Amy Off	5 10:30 Standing Exercises 2:00 Mind Matters (2nd) 6:00 Bowling (W.R.) Amy Off	6 10:00 R.C. Mass 2:00 Christmas Choir Meet & Greet (4th) 2:00-Exercises	7 2:00– One to One Visits	8 10:00 Visit from the Daycare (W.R.) 2:00– Fresh Bread	9  No Recreation Staff Today
10 Floor Hockey for 5&6 Floors (W.R.)	11 Remembrance Day 1:30 Remembrance Day Service with Music by Patsy (Chapel)	12 10:30 Standing Exercises 1:30 Anglican Church 2:00– Fancy Nails 6:00 Classic TV (W.R.)	13 10:00 R.C. Mass 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies	14 10:30– Exercises 1:30 United Church Service 2:00 Mind Matters (2nd)	15 Library Day 10:30 Surprise Event for Residents, Family & Staff (Chapel) 2:00– Tea Social	16 2:00 Music with Dan (Chapel)
17 10:00– communion Service 2:00 Art Expression (W.R.) MENU WEEK 3	18 10:30– Exercises 2:00 Bingo (W.R.) 2:30– Music Therapy 6:00 Hymn Sing (3rd)	19 10:30 Standing Exercises 2:00 Music with Memory Lane (Chapel) 6:00 Bowling (W.R.)	20 10:00 R.C. Mass 2:00– Canteen Cart 6:00 Crafty Cronies	21 2:00 Memorial Service	22 10:00 Visit from the Daycare (W.R.) 2:00– Trivia	23 2:00 Music with the Silver and Gold Fiddlers (Chapel)
24 10:00– R.C Mass MENU WEEK 4	25 10:30– Coffee Talk 2:00 Residents Council (W.R.) 6:00 Christmas Hymn Sing	26 10:30 Standing Exercises 2:00 Resident Family Centered Care Meeting (Chapel) 6:00 Bingo (W.R.)	27 10:00 R.C. Mass 2:00 Christmas Choir Practice (Chapel) 6:00 Crafty Cronies	28 10:00 Scripture Group 2:00 Music with Greg and the Gang (Chapel)	29 	30 2:00 Music and Song with Karlene Marie (Chapel)