November 2026

Therapeutics Calendar – 5th Floor

Programs are subject to change, please see on-unit whiteboard daily for program information

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  MENU WEEK 3 Daylight Saving Time Ends	**2** 10:00 Korean Church Hymn Sing	**3** 	**4** 10:00 RC Church 2:00 Balloon Ball	**5** 2:00 Applesauce Fun (W.R.) 5:45 Creative Expression	**6** Vinnie's Café is Open 1:30-3:30 (W.R.)	**7** 2:00 Music with Heather
8  *Happy Birthday Alec!* MENU WEEK 4 Diwali	**9** 10:00 Korean Church Hymn Sing 1:30 Resident Council (Chapel)	**10** Afternoon Friendly Visits	**11** 10:45 Remembrance Day Service Veterans Day Remembrance Day (Canada)	**12** 10:30 Move to Music (Chapel) 1:30 United Church 2:15 Tea Social *Happy Birthday Susan!*	*Library Day* **13** 2:00 Bingo (W.R.)	**14** 2:00 Music with Dan
15  MENU WEEK 1	**16** 10:00 Korean Church Hymn Sing 2:00 Choir Practice (Chapel) 5:45 Creative Expression	**17** 2:00 Mind Matters (2nd Floor)	**18** 10:00 RC Church Afternoon VR Visits	**19** 10:30 Move to Music (Chapel) 1:30 Anglican Church 1:30 Bus Ride (Please sign up with Recreation)	**20** 2:00 The Spinaker Four (Chapel)	**21** 2:00 Music with The Mels
22  MENU WEEK 2	**23** 10:00 Korean Church Hymn Sing 2:00 Choir Practice (Chapel)	**24** Morning Fancy Nails	**25** 10:00 RC Church	**26** 10:15 Crafty Cronies: Baking (W.R.) Afternoon Unit Christmas Decorating	**27** Christmas Bake Sale, 50/50 Draw, and Crafty Cronies Sale 9-1 (W.R.)	**28** 2:00 Music with Jessica *Happy Birthday Nancy!*
29  MENU WEEK 3	**30** 10:00 Korean Church Hymn Sing 2:00 Choir Practice (Chapel) 5:45 Creative Expression					

*RC stands for Roman Catholic. *W.R. stands for Windsor Room 1st floor. *All programs without a floor number are on-unit in the dining room. *All church services are in the Chapel. *Please visit www.svnh.ca for printable calendars*