






# Therapeutics Calendar October 2019 → 3rd Floor

| Sun  | Mon  | Tue  | Wed   | Thu  | Fri   | Sat  |
|--|--|--|---|--|---|--|
| *All programs without a floor number are on-unit in the lounge<br>*All church services and standing exercises are in the Chapel<br>*Programs are subject to change, please see on-unit whiteboard each day for program information<br>*Please visit <a href="http://www.svnh.ca">www.svnh.ca</a> for building-wide programs and printable calendars<br>*WR stands for Windsor Room |  | <i>1</i><br>10:30 Standing Exercises<br>2:00 Music with East Coast Connection (Chapel)<br>2:00 Menu Committee (4th)<br>6:00 Bingo (Windsor Room) | <i>2</i><br>10:00 R.C. Mass<br>10:30– Music Therapy<br>6:00 Crafty Cronies  | <i>3</i><br>2:00– Canteen Cart<br>6:00– Bocce Ball (2nd Floor)   | <i>4</i> <i>Library Day</i><br>10:00 Alzheimer's Society Coffee Break (Windsor Room)<br>2:00 Men's Club (Windsor Room)  | <i>5</i><br>2:00 Music with Emily (Chapel)         |
| <i>6</i><br>10:30– Exercises<br>2:00 Art Expression (Windsor Room)<br><i>MENU WEEK 1</i>   | <i>7</i><br>10:30 Music & Movement (Chapel)<br>6:00 Hymn Sing (5th Floor)  | <i>8</i><br>10:30 Standing Exercises<br>2:00 Mind Matters (2nd)<br>6:00 Bowling (Windsor Rm)   | <i>9</i><br>10:30– Exercises<br>10:00 R.C. Mass<br>2:00 Kitchen Party (WR)<br>6:00 Crafty Cronies<br>6:30– Pet Visits (All Floor)       | <i>10</i><br><i>Recreation Staff at education!</i>   | <i>11</i><br><br><i>Recreation Staff at education!</i>   | <i>12</i><br>2:00 Music with Peggy Gillis (Chapel) |
| <i>13</i><br>2:00– Floor Hockey (2nd Floor)<br><i>MENU WEEK 2</i>  | <i>14</i><br><b>Happy Thanksgiving</b><br><br><i>Recreation Staff are off today!</i> | <i>15</i><br>10:30 Standing Exercises<br>2:00 Music with Memory Lane (Chapel)<br>6:00 Bingo (Windsor Room)                                       | <i>16</i><br>10:00 R.C. Mass<br>2:00 Music with Patsy Roach (Chapel)<br>6:00 Crafty Cronies   | <i>17</i><br>10:30– Exercises<br>2:00– Fresh Bread   | <i>18</i><br>9-1 Crafty Cronies Bazaar<br>2:00– 1:1 Visits  | <i>19</i><br>2:00 Music with Larry (Chapel)        |
| <i>20</i><br>2:00 Art Expression (Windsor Room)<br><i>MENU WEEK 3</i>  | <i>21</i><br>6:00 Hymn Sing (6th Floor)<br><i>Amy away for Education</i>   | <i>22</i><br>10:30– Exercises<br>2:00 Mind Matters (2nd Floor)<br>6:00 Bowling (Windsor Room)<br><i>Amy away for Education</i>                   | <i>23</i> <i>Pumpkin People Prep</i><br>10:00 R.C. Mass<br>10:30– Music Therapy<br>6:00 Crafty Cronies<br>6:30– Pet Visits (All Floors) | <i>24</i> <i>Pumpkin People Prep</i><br>2:00 Music with Greg and the Gang (Chapel)   | <i>25</i> <i>Library Day</i><br>10:00 Visit from the Daycare (Windsor Room)<br>2:00 Pumpkin People Contest (Outdoors)   | <i>26</i><br>2:00 Music with Daphne (Chapel)       |
| <i>27</i><br>10:30– Exercises<br><i>MENU WEEK 4</i>  | <i>28</i><br>2:00 Resident Council (Windsor Room)  | <i>29</i><br>10:30 Standing Exercises<br>1:30– Fancy Nails<br>2:00 Resident Family Centered Care Meeting (Chapel)<br>6:00 Bingo (Windsor Room)   | <i>30</i><br>10:00 R.C. Mass<br>2:00 Pumpkin Carving (Windsor Room)<br>6:00 Crafty Cronies  | <i>31</i><br><b>Halloween</b><br>1:30 Halloween Movie Matinee (Windsor Room)<br>6:00 Halloween Wheel of Fortune (Windsor Room) | <b>Leisure activities are available upon request for example:</b><br>-Coloring/Painting      -Outside strolls<br>-Tablet Games            -Puzzles/Games<br>-Music on an iPod        -Letter/Mail Assistance<br>(See recreation staff on your floor to access these activities)  |  |